FFLC is committed to providing benefits that help employees enjoy and maintain good health, protect them against catastrophic medical expenses, and establish financial security for the future. To meet this commitment, FFLC's benefits program may include the following for those who have met the 90-calendar day mutual trial period: All benefits start the first day of the month following the end of the mutual trial period.

- Basic medical and dental insurance programs
- Life insurance
- A short-term disability program
- A long-term disability program
- A Simple IRA retirement savings plan

Generally, these benefits are available to all regular employees of FFLC working thirty (30) or more hours per week. Employees may choose to cover dependents which include spouses, opposite and same-sex domestic partners, and children.