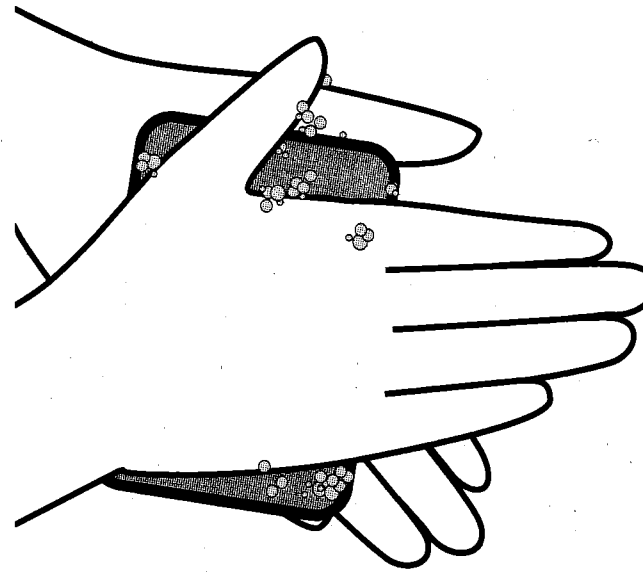


# Did you wash your hands?



1. Use *soap* and *running water*
2. Scrub your hands, wrists and fingernails for **15-20 seconds**
3. *Dry* hands with a paper towel

## Wash your hands twice:

- ▶ After blowing your nose, coughing or sneezing
- ▶ After contacting bodily fluids
- ▶ Before beginning or returning to work
- ▶ After using the toilet, wash hands in the restroom and again in the food preparation area
- ▶ **Repeat** steps 1 and 2 when **double handwashing**

ORS 624.080(2) No person who is affected with a communicable disease described in Chapter 333 or is a carrier of such a disease shall work in any restaurant, bed and breakfast facility or temporary restaurant. No restaurant, bed and breakfast facility or temporary restaurant shall employ any such person or any person suspected of being affected with any communicable disease or of being a carrier of such disease. If the restaurant, bed and breakfast facility or temporary restaurant manager suspects that any employee has contracted any disease in a communicable form or has become a carrier of such disease, the manager shall notify the Director of the Oregon Health Authority immediately. A placard containing this section shall be posted in all toilet rooms.

Oregon  
**Health**  
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