

DATE:>> April 2018 Final Hot Menu

DATE	RECNUM	Start Date	Start Day	Calendar Days	PORTION SIZE	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
		4/2/18	1	29		600	17	43	7	30%	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 1, 26, 51, 76					850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly
3540	MILK, 1 % (ESHA)				8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
12	BEEF, CHILI W/BEANS (ESHA)				8.75oz/1c	276.22	20.93	24.94	5.19	10.39	0.41	1.57	5.64	69.23	48.64	270	4.1
378	CHICKEN, Penne Pasta (ESH)				1 cup	334.85	24.24	32.05	2.37	11.63	0.06	0.21	6.13	179.69	25.38	743.53	0.78
1763	CARROTS, HERBED (ESHA) BSA43 1/3				1/3 CUP	32.2674	0.3828	4.4946	1.914	1.6104	0.0528	0	1.4322	25.3836	7.3326	47.7114	0.2046
2674	SALAD, BEET, SPINACH, FETA (ESHA)				1/2 c/103.3	81.98	1.73	6.83	1.68	3.62	0.09	0.08	6.59	47.93	24.08	222.13	0.37
4626	ROLL, SEVEN GRAIN				1.38oz	105.67	3.32	50	1	3.03	0	0	0	0	0	80	0
2522	CANNED, MIXED FRUIT LS (ESHA)				4.44OZ./.5	68.97	0.48	18.07	1.21	0.08	0.06	0	2.3	7.26	6.05	7.26	0.11
2522	CANNED, MIXED FRUIT LS (ESHA)				4.44OZ./.5	68.97	0.48	18.07	1.21	0.08	0.06	0	2.3	7.26	6.05	7.26	0.11
Total A Meal Values						<b>667.59</b>	<b>35.06</b>	<b>116.51</b>	<b>10.99</b>	<b>21.10</b>	<b>0.70</b>	<b>2.72</b>	<b>15.96</b>	<b>440.16</b>	<b>112.94</b>	<b>734.46</b>	<b>5.80</b>
A Statistics						<b>30.29%</b>	<b>21.01%</b>	<b>69.81%</b>	<b>73.29%</b>	<b>28.45%</b>	<b>41.34%</b>	<b>113.33%</b>	<b>17.74%</b>	<b>36.68%</b>	<b>26.89%</b>		<b>52.77%</b>
Total B Meal Values						<b>726.2174</b>	<b>38.37</b>	<b>123.62</b>	<b>8.17</b>	<b>22.34</b>	<b>0.35</b>	<b>1.36</b>	<b>16.45</b>	<b>550.62</b>	<b>89.68</b>	<b>1207.99</b>	<b>2.48</b>
B Statistics						<b>32.95%</b>	<b>21.14%</b>	<b>68.09%</b>	<b>54.49%</b>	<b>27.69%</b>	<b>20.75%</b>	<b>56.67%</b>	<b>18.28%</b>	<b>45.89%</b>	<b>21.35%</b>		<b>22.59%</b>
Total Diet A Meal Values						<b>667.59</b>	<b>35.06</b>	<b>116.51</b>	<b>10.99</b>	<b>21.10</b>	<b>0.70</b>	<b>2.72</b>	<b>15.96</b>	<b>440.16</b>	<b>112.94</b>	<b>734.46</b>	<b>5.80</b>
Diet A Statistics						<b>30.29%</b>	<b>21.01%</b>	<b>69.81%</b>	<b>73.29%</b>	<b>28.45%</b>	<b>41.34%</b>	<b>113.33%</b>	<b>17.74%</b>	<b>36.68%</b>	<b>26.89%</b>		<b>52.77%</b>
Total Diet B Meal Values						<b>726.22</b>	<b>38.37</b>	<b>123.62</b>	<b>8.17</b>	<b>22.34</b>	<b>0.35</b>	<b>1.36</b>	<b>16.45</b>	<b>550.62</b>	<b>89.68</b>	<b>1207.99</b>	<b>2.48</b>
Diet B Statistics						<b>32.95%</b>	<b>21.14%</b>	<b>68.09%</b>	<b>54.49%</b>	<b>27.69%</b>	<b>20.75%</b>	<b>56.67%</b>	<b>18.28%</b>	<b>45.89%</b>	<b>21.35%</b>		<b>22.59%</b>

DATE>> DAY 2, 27, 52, 77

3540	MILK, 1 % (ESHA)				8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
45	BEEF, SPANISH RICE CASSEROLE (ESHA)				8oz./1cup	279.62	17.54	20.85	1.56	9.99	0.34	1.55	9.94	45.11	25.54	377.35	3.92
144	CHICKEN, KING RANCH 2 oz (ESHA)				9.64oz./1 e	321.53	23.78	29.46	2.52	12.2	0.52	0.67	4.96	211.8	78.49	595.1	1.9
1714	BEANS, GREEN FROZEN-O (ESHA)				1/3 CUP	12.573	0.6666	2.8974	1.3464	0.0792	0.0264	0	1.8414	22.0044	10.7778	4.0392	0.2178
2634	SALAD, SPINACH ROMAINE w/(Carrot,C				1.3oz./.5cup	8.65	0.61	1.73	0.79	0.1	0.05	0	9.78	20.3	12.41	16.83	0.12
4614	ROLL, MULTIGRAIN				1.38oz.	105.47	3.41	17.33	2.08	2	0.02	0.04	2.76	21.88	9.11	149.63	0.27
3125	FRESH, FRUIT				.5 CUP	52.32	0.75	13.82	1.45	0.38	0	0	23.11	16.58	0	1.96	0
4020	DRESSING, FRENCH (ESHA)				1 pkt.	56.21	0.09	1.92	0	5.51	0	0.02	0	2.95	0.62	102.83	0.04
3125	FRESH, FRUIT				.5 CUP	52.32	0.75	13.82	1.45	0.38	0	0	23.11	16.58	0	1.96	0
Total A Meal Values						<b>617.32</b>	<b>31.29</b>	<b>70.73</b>	<b>7.23</b>	<b>20.43</b>	<b>0.53</b>	<b>2.68</b>	<b>47.43</b>	<b>419.18</b>	<b>85.30</b>	<b>760.00</b>	<b>5.59</b>
A Statistics						<b>28.01%</b>	<b>20.27%</b>	<b>45.83%</b>	<b>48.18%</b>	<b>29.78%</b>	<b>30.96%</b>	<b>111.67%</b>	<b>52.70%</b>	<b>0.35</b>	<b>20.31%</b>		<b>50.80%</b>
Total B Meal Values						<b>659.23</b>	<b>37.53</b>	<b>79.34</b>	<b>8.19</b>	<b>22.64</b>	<b>0.71</b>	<b>1.80</b>	<b>42.45</b>	<b>585.87</b>	<b>138.25</b>	<b>977.75</b>	<b>3.57</b>
B Statistics						<b>29.91%</b>	<b>22.77%</b>	<b>48.14%</b>	<b>54.58%</b>	<b>30.91%</b>	<b>41.55%</b>	<b>75.00%</b>	<b>47.17%</b>	<b>48.82%</b>	<b>32.92%</b>		<b>32.43%</b>
Total Diet A Meal Values						<b>617.32</b>	<b>31.29</b>	<b>70.73</b>	<b>7.23</b>	<b>20.43</b>	<b>0.53</b>	<b>2.68</b>	<b>47.43</b>	<b>419.18</b>	<b>85.30</b>	<b>760.00</b>	<b>5.59</b>
Diet A Statistics						<b>28.01%</b>	<b>20.27%</b>	<b>45.83%</b>	<b>48.18%</b>	<b>29.78%</b>	<b>30.96%</b>	<b>111.67%</b>	<b>52.70%</b>	<b>34.93%</b>	<b>20.31%</b>		<b>50.80%</b>
Total Diet B Meal Values						<b>659.23</b>	<b>37.53</b>	<b>79.34</b>	<b>8.19</b>	<b>22.64</b>	<b>0.71</b>	<b>1.80</b>	<b>42.45</b>	<b>585.87</b>	<b>138.25</b>	<b>977.75</b>	<b>3.57</b>
Diet B Statistics						<b>29.91%</b>	<b>22.77%</b>	<b>48.14%</b>	<b>54.58%</b>	<b>30.91%</b>	<b>41.55%</b>	<b>75.00%</b>	<b>47.17%</b>	<b>48.82%</b>	<b>32.92%</b>		<b>32.43%</b>

DATE>> DAY 3, 28, 53, 78

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
110	CHICKEN, Bkd bone in	5 oz.	258.58	26.54	21	0.21	7.1	0.52	0.29	11.85	18.57	26.36	203.84	1.1
4092	Sauce, Scallopini (ESHA)	1 oz.	10.45	0.26	1.35	0.12	0.34	0.01	0	0.28	1.59	1.33	113.62	0.03
43	BEEF, MEATLOAF W/TURK HV262	4 oz	157.76	15.71	4.59	0.75	8.17	0.36	1.24	1.2	46.04	22.86	442.2	2.98
4070	SAUCE, CREOLE (ESHA)	2.12 OZ.	34.52	0.58	3.72	0.6	2.14	0.06	0	5.54	10.6	5.9	139.7	0.1
2133	POTATOES, DELMONICO (ESHA) 1/3 C	1/3 CUP	65.9142	1.8084	11.4708	0.8844	1.5114	0.1386	0.0924	6.4482	33.7392	12.1308	169.1844	0.2178
1749	BROCCOLI CUTS W/MARGARINE 1/3 c	1/3 CUP	38.9268	1.8612	3.1878	1.3002	2.5806	0	0	23.7006	31.0728	0	21.78	0
4525	BREAD, OATMEAL	1.0/1SL	71.89	2.43	15.12	0.04	1.22	0	0	0.25	17.12	0	55.99	0
3192	PUDDING, BREAD BAKEDW/RAISINS	5 oz./5 cup	181.8	8.25	30.01	0.75	3.57	0.07	0.45	1.18	176.84	18.71	162.11	0.55
3290	PUDDING DIET BREAD	1/2 cup	131.58	8.38	17.89	0.14	3	0.1	0.22	1.12	170.27	18.78	149.42	0.78
Total A Meal Values			<b>730.04</b>	<b>49.37</b>	<b>94.32</b>	<b>3.30</b>	<b>18.69</b>	<b>0.83</b>	<b>1.90</b>	<b>43.71</b>	<b>569.29</b>	<b>85.37</b>	<b>833.88</b>	<b>2.92</b>
A Statistics			<b>33.12%</b>	<b>27.05%</b>	<b>51.68%</b>	<b>22.03%</b>	<b>23.04%</b>	<b>48.74%</b>	<b>79.27%</b>	<b>48.57%</b>	<b>47.44%</b>	<b>20.33%</b>		<b>26.53%</b>
Total B Meal Values			<b>653.29</b>	<b>38.86</b>	<b>80.28</b>	<b>4.32</b>	<b>21.56</b>	<b>0.72</b>	<b>2.85</b>	<b>38.32</b>	<b>605.77</b>	<b>86.44</b>	<b>1098.32</b>	<b>4.87</b>
B Statistics			<b>29.64%</b>	<b>23.79%</b>	<b>49.15%</b>	<b>28.83%</b>	<b>29.70%</b>	<b>42.27%</b>	<b>118.85%</b>	<b>42.58%</b>	<b>50.48%</b>	<b>20.58%</b>		<b>44.25%</b>
Total Diet A Meal Values			<b>679.82</b>	<b>49.50</b>	<b>82.20</b>	<b>2.69</b>	<b>18.12</b>	<b>0.86</b>	<b>1.67</b>	<b>43.65</b>	<b>562.72</b>	<b>85.44</b>	<b>821.19</b>	<b>3.15</b>
Diet A Statistics			<b>30.84%</b>	<b>29.13%</b>	<b>48.36%</b>	<b>17.96%</b>	<b>23.99%</b>	<b>50.51%</b>	<b>69.68%</b>	<b>48.50%</b>	<b>46.89%</b>	<b>20.34%</b>		<b>28.62%</b>
Total Diet B Meal Values			<b>603.07</b>	<b>38.99</b>	<b>68.16</b>	<b>3.71</b>	<b>20.99</b>	<b>0.75</b>	<b>2.62</b>	<b>38.26</b>	<b>599.20</b>	<b>86.51</b>	<b>1085.63</b>	<b>5.10</b>
Diet B Statistics			<b>27.36%</b>	<b>25.86%</b>	<b>45.21%</b>	<b>24.76%</b>	<b>31.33%</b>	<b>44.04%</b>	<b>109.27%</b>	<b>42.51%</b>	<b>49.93%</b>	<b>20.60%</b>		<b>46.34%</b>

DATE>> April 2018 Final Hot Menu

DATE	RECNU!	PORTION SIZE	CAL	KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
			600		17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 4, 29, 54, 79

		850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
458	CHICKEN, SALAD ASIAN LAN-S220	1/2 c	176.33	9.88	9.62	1.72	10.81	0.23	0.09	8.6	15.97	16.68	407.35	0.87
466	Ham, SALAD MINI & Cheese (SLM489) A	3 oz	128.99	15.13	1.15	0	7.06	0.23	3.78	9.92	104.47	3.83	518.8	2.28
2651	SALAD, SPINACH ROMAINE ENP-S1150	1 cup	7.44	0.72	1.32	0.82	0.13	0.05	0	9.85	22.6	15.14	13.73	0.13
1630	SOUP, CHOWDER CORN HV272 (E)	1 cup	179.39	4.89	27.66	1.34	5.72	0.08	0.33	3.45	115.61	22.01	372.81	0.6
4635	ROLL, WHOLE WHEAT (SYSCO BRAN)	1 ea	95.25	2.5	25	1.59	0.75	0	0	0.06	40	0	100	0
2528	CANNED, PEACHES LS (ESHA)	4.5OZ/5	67.77	0.56	18.26	1.63	0.04	0.02	0	3.01	3.76	6.27	6.27	0.11
4027	DRESSING, RANCH FAT FREE (ESHA)	0.5296OZ	18.87	0.04	3.98	0.02	0.29	0	0	0	7.51	1.2	113.35	0.06
2528	CANNED, PEACHES LS (ESHA)	4.5OZ/5	67.77	0.56	18.26	1.63	0.04	0.02	0	3.01	3.76	6.27	6.27	0.11
Total A Meal Values			<b>647.53</b>	<b>26.81</b>	<b>98.02</b>	<b>7.12</b>	<b>20.11</b>	<b>0.47</b>	<b>1.49</b>	<b>24.97</b>	<b>495.81</b>	<b>88.14</b>	<b>1120.87</b>	<b>2.79</b>
A Statistics			<b>29.38%</b>	<b>16.56%</b>	<b>60.55%</b>	<b>47.47%</b>	<b>27.95%</b>	<b>27.65%</b>	<b>62.08%</b>	<b>27.74%</b>	<b>41.32%</b>	<b>20.99%</b>		<b>25.36%</b>
Total B Meal Values			<b>600.19</b>	<b>32.06</b>	<b>89.55</b>	<b>5.40</b>	<b>16.36</b>	<b>0.47</b>	<b>5.18</b>	<b>26.29</b>	<b>584.31</b>	<b>75.29</b>	<b>1232.32</b>	<b>4.20</b>
B Statistics			<b>27.23%</b>	<b>21.37%</b>	<b>59.68%</b>	<b>36.00%</b>	<b>24.53%</b>	<b>27.65%</b>	<b>215.83%</b>	<b>29.21%</b>	<b>48.69%</b>	<b>17.93%</b>		<b>38.18%</b>
Total Diet A Meal Values			<b>647.53</b>	<b>26.81</b>	<b>98.02</b>	<b>7.12</b>	<b>20.11</b>	<b>0.47</b>	<b>1.49</b>	<b>24.97</b>	<b>495.81</b>	<b>88.14</b>	<b>1120.87</b>	<b>2.79</b>
Diet A Statistics			<b>29.38%</b>	<b>16.56%</b>	<b>60.55%</b>	<b>47.47%</b>	<b>27.95%</b>	<b>27.65%</b>	<b>62.08%</b>	<b>27.74%</b>	<b>41.32%</b>	<b>20.99%</b>		<b>25.36%</b>
Total Diet B Meal Values			<b>600.19</b>	<b>32.06</b>	<b>89.55</b>	<b>5.40</b>	<b>16.36</b>	<b>0.47</b>	<b>5.18</b>	<b>26.29</b>	<b>584.31</b>	<b>75.29</b>	<b>1232.32</b>	<b>4.20</b>
Diet B Statistics			<b>27.23%</b>	<b>21.37%</b>	<b>59.68%</b>	<b>36.00%</b>	<b>24.53%</b>	<b>27.65%</b>	<b>215.83%</b>	<b>29.21%</b>	<b>48.69%</b>	<b>17.93%</b>		<b>38.18%</b>

DATE>> DAY 5, 30, 55, 80

3540	MILK, 1 % (ESHA)	8.00Z/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
472	CHICKEN PASTINA	1 cup	229.82	17.63	29.73	2.03	4.31	0.31	0.44	10.5	79.1	46.5	312.51	1.5
358	Vegetarian, Omelet Bake (ESHA) FMMP r	8.69 oz	258.28	23.83	11.1	1.39	9.22	0.38	0.72	20.71	464.55	29.4	305.33	1.87
1791	MIXED VEGETABLES (ESHA) ( FMMP	1/3 CUP	45.4872	1.98	5.8542	2.6928	0.363	0.0726	0	3.6762	17.4174	9.6624	27.8916	0.3762
2631	SALAD, ROMAINE ICEBERG w/ carrots, c	1.3oz./1.5c	7.63	0.39	1.65	0.67	0.07	0.03	0	6.91	11.12	4.24	9.01	0.07
4614	ROLL, MULTIGRAIN	1.38oz.	105.47	3.41	17.33	2.08	2	0.02	0.04	2.76	21.88	9.11	149.63	0.27
3004	BAR, BUTTERSCOTCH	1.55 oz	187.08	2.44	24.35	0.61	9.35	0.04	0.01	0.11	49.13	11.68	155.83	0.22
4030	DRESSING, THOUSAND LO CAL (ESHA)	5.296 oz.	30.63	0.13	3.33	0.2	1.97	0	0	0	2.4	1.05	124.76	0.03
3090	COOKIE, SPLENDA SUGAR	1.23 oz.	132.41	2.31	14.22	0.48	5.2	0.01	0	0.03	56.06	4.23	162.75	0.12
Total A Meal Values			<b>708.60</b>	<b>34.20</b>	<b>94.42</b>	<b>8.28</b>	<b>20.43</b>	<b>0.56</b>	<b>1.56</b>	<b>23.96</b>	<b>471.41</b>	<b>109.08</b>	<b>886.99</b>	<b>3.49</b>
A Statistics			<b>32.15%</b>	<b>19.31%</b>	<b>53.30%</b>	<b>55.22%</b>	<b>25.95%</b>	<b>33.09%</b>	<b>65.00%</b>	<b>26.62%</b>	<b>39.28%</b>	<b>25.97%</b>		<b>31.69%</b>
Total B Meal Values			<b>737.06</b>	<b>40.40</b>	<b>75.79</b>	<b>7.64</b>	<b>25.34</b>	<b>0.63</b>	<b>1.84</b>	<b>34.17</b>	<b>856.86</b>	<b>91.98</b>	<b>879.81</b>	<b>3.86</b>
B Statistics			<b>33.44%</b>	<b>21.93%</b>	<b>41.13%</b>	<b>50.95%</b>	<b>30.95%</b>	<b>37.21%</b>	<b>76.67%</b>	<b>37.96%</b>	<b>71.40%</b>	<b>21.90%</b>		<b>35.06%</b>
Total Diet A Meal Values			<b>653.93</b>	<b>34.07</b>	<b>84.29</b>	<b>8.15</b>	<b>16.28</b>	<b>0.53</b>	<b>1.55</b>	<b>23.88</b>	<b>478.34</b>	<b>101.63</b>	<b>893.91</b>	<b>3.39</b>
Diet A Statistics			<b>29.67%</b>	<b>20.84%</b>	<b>51.56%</b>	<b>54.35%</b>	<b>22.41%</b>	<b>31.33%</b>	<b>64.58%</b>	<b>26.53%</b>	<b>39.86%</b>	<b>24.20%</b>		<b>30.78%</b>
Total Diet B Meal Values			<b>682.39</b>	<b>40.27</b>	<b>65.66</b>	<b>7.51</b>	<b>21.19</b>	<b>0.60</b>	<b>1.83</b>	<b>34.09</b>	<b>863.79</b>	<b>84.53</b>	<b>886.73</b>	<b>3.76</b>
Diet B Statistics			<b>30.96%</b>	<b>23.61%</b>	<b>38.49%</b>	<b>50.09%</b>	<b>27.95%</b>	<b>35.45%</b>	<b>76.25%</b>	<b>37.87%</b>	<b>71.98%</b>	<b>20.13%</b>		<b>34.15%</b>

	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
A 5 DAY VALUES	3371.08	176.73	474.00	36.93	100.76	3.09	10.35	156.03	2395.86	480.83	4336.21	20.59
A ONE DAY WEEKLY AVERAGE	674.21572	35.3458	94.80096	7.38556	20.15292	0.61808	2.07048	31.20572	479.17148	96.16672	867.24132	4.11728
A PERCENT DRIA AVERAGE				49.24%		36.36%	86.27%	34.67%	39.93%	22.90%		37.43%
A CALORIE BREAKDOWN		20.97%	56.24%		26.90%							
B 5 DAY VALUES	3375.99	187.22	448.58	33.73	108.24	2.88	13.03	157.68	3183.44	481.64	5396.20	18.98
B ONE DAY WEEKLY AVERAGE	675.19772	37.4438	89.71696	6.74556	21.64892	0.57608	2.60648	31.53572	636.68748	96.32872	1079.23932	3.79528
B PERCENT DRIA AVERAGE				44.97%		33.89%	108.60%	35.04%	53.06%	22.94%		34.50%
B CALORIE BREAKDOWN		22.18%	53.15%		28.86%							
Diet A 5 DAY VALUES	3266.19	176.73	451.75	36.19	96.04	3.09	10.11	155.89	2396.22	473.45	4330.44	20.72
Diet A ONE DAY WEEKLY AVERAGE	653.23772	35.3458	90.35096	7.23756	19.20892	0.61808	2.02248	31.17772	479.24348	94.69072	866.08732	4.14328
Diet A PERCENT DRIA AVERAGE				48.25%		36.36%	84.27%	34.64%	39.94%	22.55%		37.67%
Diet A CALORIE BREAKDOWN		21.64%	55.33%		26.47%							
Diet B 5 DAY VALUES	3271.10	187.22	426.33	32.99	103.52	2.88	12.79	157.54	3183.80	474.26	5390.43	19.11
Diet B ONE DAY WEEKLY AVERAGE	654.21972	37.4438	85.26696	6.59756	20.70492	0.57608	2.55848	31.50772	636.75948	94.85272	1078.08532	3.82128
Diet B PERCENT DRIA AVERAGE				43.98%		33.89%	106.60%	35.01%	53.06%	22.58%		34.74%
Diet B CALORIE BREAKDOWN		22.89%	52.13%		28.48%							

DATE:>> April 2018 Final Hot Menu

DATE  
RECNU MENU ITEM

PORTION SIZE	CAL	KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
	600		17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 6, 31, 56, 81

		850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
473	PASTA PRIMAVERA	1 cup	331.23	17.23	29.58	3.71	12.39	0.1	0.66	10.84	450.74	26.19	361.6	1.77
6	BEEF, CABBAGE BAKE-LA 3oz (ESHA)	7oz/1c	260.02	21.34	15.17	1.78	10.47	0.42	1.98	20.63	64.61	34.52	392.04	4.87
1737	BLEND, CALIFORNIA-O (ESHA) scratch	1/3 CUP	29.7528	0.9966	6.8178	1.914	0.3036	0.0528	0	2.2308	20.9946	13.9656	13.992	0.3168
2607	SALAD, GARDEN VEGETABLE (ESHA)	2.07OZ/.5C	7.41	0.55	1.49	0.73	0.09	0.04	0	9.59	13.24	6.79	5.87	0.09
4630	ROLL, WHITE DINNER	1.38oz	108.81	3.26	16.84	1	0.86	0.03	0.04	0.08	22.02	7.8	120	0.3
3219	PUDDING, VANILLA RTE	4.0OZ/.5	147.43	2.61	24.84	0	4.08	0	0	0	99.8	0	153.1	0
4030	DRESSING, THOUSAND LO CAL (ESHA)	5.296 oz.	30.63	0.13	3.33	0.2	1.97	0	0	0	2.4	1.05	124.76	0.03
3220	PUDDING, VANILLA, DIET	4.0OZ/.5C	76.56	3.87	7.98	0	9.47	0	0	0.7	130.3	0	55.46	0
Total A Meal Values			<b>757.74</b>	<b>33.00</b>	<b>95.08</b>	<b>7.55</b>	<b>22.06</b>	<b>0.31</b>	<b>1.77</b>	<b>22.74</b>	<b>899.55</b>	<b>82.64</b>	<b>886.68</b>	<b>3.53</b>
A Statistics			<b>34.38%</b>	<b>17.42%</b>	<b>50.19%</b>	<b>50.36%</b>	<b>26.21%</b>	<b>18.40%</b>	<b>73.75%</b>	<b>25.27%</b>	<b>74.96%</b>	<b>19.68%</b>		<b>32.06%</b>
Total B Meal Values			<b>686.53</b>	<b>37.11</b>	<b>80.67</b>	<b>5.62</b>	<b>20.14</b>	<b>0.63</b>	<b>3.09</b>	<b>32.53</b>	<b>513.42</b>	<b>90.97</b>	<b>917.12</b>	<b>6.63</b>
B Statistics			<b>31.15%</b>	<b>21.62%</b>	<b>47.00%</b>	<b>37.49%</b>	<b>26.41%</b>	<b>37.22%</b>	<b>128.75%</b>	<b>36.15%</b>	<b>42.79%</b>	<b>21.66%</b>		<b>60.24%</b>
Total Diet A Meal Values			<b>686.87</b>	<b>34.26</b>	<b>78.22</b>	<b>7.55</b>	<b>27.45</b>	<b>0.31</b>	<b>1.77</b>	<b>23.44</b>	<b>930.05</b>	<b>82.64</b>	<b>789.04</b>	<b>3.53</b>
Diet A Statistics			<b>31.16%</b>	<b>19.95%</b>	<b>45.55%</b>	<b>50.36%</b>	<b>35.97%</b>	<b>18.40%</b>	<b>73.75%</b>	<b>26.05%</b>	<b>77.50%</b>	<b>19.68%</b>		<b>32.06%</b>
Total Diet B Meal Values			<b>615.66</b>	<b>38.37</b>	<b>63.81</b>	<b>5.62</b>	<b>25.53</b>	<b>0.63</b>	<b>3.09</b>	<b>33.23</b>	<b>543.92</b>	<b>90.97</b>	<b>819.48</b>	<b>6.63</b>
Diet B Statistics			<b>27.93%</b>	<b>24.93%</b>	<b>41.46%</b>	<b>37.49%</b>	<b>37.33%</b>	<b>37.22%</b>	<b>128.75%</b>	<b>36.92%</b>	<b>45.33%</b>	<b>21.66%</b>		<b>60.24%</b>

DATE>> DAY 7, 32, 57, 82

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
182	CHICKEN, STEW HEARTY (2oz) (Wst	8.23 oz./1C	193.16	18.7	18	1.26	4.9	0.43	0.16	5.11	36.24	31.15	429.11	1.2
330	VEGETARIAN, CHEESE, & MACARONI	1 cup	327.15	22.66	36.65	1.62	12.38	0.13	1.22	0.9	527.14	43.98	531.91	2.56
1738	BLEND, CAPRI (ESHA) scratch	1/3 CUP	17.2326	0.7392	3.7488	1.4256	0.1848	0.0462	0	2.8182	18.1632	11.5896	10.4808	0.1848
2634	SALAD, SPINACH ROMAINE w/(Carrot,C	1.3oz/.5cup	8.65	0.61	1.73	0.79	0.1	0.05	0	9.78	20.3	12.41	16.83	0.12
4608	ROLL, CRACKED WHEAT	1.38oz	103.56	3.34	16.83	2.51	2.91	0	0	0.09	22.13	0	216.68	0
3005	BAR, CHOCOLATE CHIP	1.78oz	272.05	3.23	35.12	1.17	14.17	0.02	0.09	0.01	31.09	22.24	140.8	0.45
4027	DRESSING, RANCH FAT FREE (ESHA)	0.5296OZ	18.87	0.04	3.98	0.02	0.29	0	0	0	7.51	1.2	113.35	0.06
3080	COOKIE, SPLENDA CHOCOALTE CHIP	1.33 oz.	183.79	2.16	20.75	0.55	7.22	0.01	0.04	0	22.39	8.89	69.05	0.23
Total A Meal Values			<b>716.00</b>	<b>34.88</b>	<b>91.59</b>	<b>7.18</b>	<b>24.92</b>	<b>0.64</b>	<b>1.32</b>	<b>17.81</b>	<b>425.79</b>	<b>105.43</b>	<b>1034.61</b>	<b>3.03</b>
A Statistics			<b>32.49%</b>	<b>19.49%</b>	<b>51.17%</b>	<b>47.84%</b>	<b>31.33%</b>	<b>37.42%</b>	<b>55.00%</b>	<b>19.79%</b>	<b>35.48%</b>	<b>25.10%</b>		<b>27.59%</b>
Total B Meal Values			<b>849.99</b>	<b>38.84</b>	<b>110.24</b>	<b>7.54</b>	<b>32.40</b>	<b>0.3362</b>	<b>2.38</b>	<b>13.60</b>	<b>916.69</b>	<b>118.26</b>	<b>1137.41</b>	<b>4.39</b>
B Statistics			<b>38.57%</b>	<b>18.28%</b>	<b>51.88%</b>	<b>50.24%</b>	<b>34.31%</b>	<b>19.78%</b>	<b>99.17%</b>	<b>15.11%</b>	<b>76.39%</b>	<b>28.16%</b>		<b>39.95%</b>
Total Diet A Meal Values			<b>627.74</b>	<b>33.81</b>	<b>77.22</b>	<b>6.56</b>	<b>17.97</b>	<b>0.63</b>	<b>1.27</b>	<b>17.80</b>	<b>417.09</b>	<b>92.08</b>	<b>962.86</b>	<b>2.81</b>
Diet A Statistics			<b>28.48%</b>	<b>21.54%</b>	<b>49.20%</b>	<b>43.70%</b>	<b>25.77%</b>	<b>36.84%</b>	<b>52.92%</b>	<b>19.78%</b>	<b>34.76%</b>	<b>21.92%</b>		<b>25.59%</b>
Total Diet B Meal Values			<b>761.73</b>	<b>37.77</b>	<b>95.87</b>	<b>6.92</b>	<b>25.45</b>	<b>0.33</b>	<b>2.33</b>	<b>13.59</b>	<b>907.99</b>	<b>104.91</b>	<b>1065.66</b>	<b>4.17</b>
Diet B Statistics			<b>34.56%</b>	<b>19.83%</b>	<b>50.34%</b>	<b>46.10%</b>	<b>30.08%</b>	<b>19.19%</b>	<b>97.08%</b>	<b>15.10%</b>	<b>75.67%</b>	<b>24.98%</b>		<b>37.95%</b>



DATE>> DAY 8, 33, 58, 83

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
284	TUNA, SALAD w/half yogurt/mayo	5.2 oz.	231.89	25.73	4.89	0.29	11.76	0.41	2.95	0.61	45.26	29.47	469.43	1.01
2546	Lettuce	1/2 cup	3.3	0.28	0.57	0.39	0.05	0	0	1.07	5.23	0	2.48	0
167	CHICKEN, SALAD (1/2yogurt & 1/2 Mayo)	4oz.	236.02	19.04	4.74	0.25	12.44	0.37	0.46	0.75	48.6	19.63	211.75	1.5
1628	SOUP, CHICKEN NOODLE (ESHA)	8.5oz/1C	153.29	9.02	23.55	2.62	2.35	0.18	0.06	3.65	34.03	23.52	269.21	0.82
2652	Salad, Broccoli marinated (ESHA) FMMP	1/2 cup	106.44	1.2	12.84	1.47	3.79	0.1	0	28.1	25.16	11.75	53.63	0.2
4549	Bread, Whole Wheat Sara Lee	1 SLICE	45	3	9	2	0.5	0.05	0	0	20	24.08	115	0.54
3288	CANNED, GOLDEN FRUIT CUP ( Peach,	1/2 c/ 4 oz	44.04	0.6	11.27	1.27	0.07	0.05	0	15.84	9.65	10.71	3.39	0.25
3288	CANNED, GOLDEN FRUIT CUP ( Peach,	1/2 c/ 4 oz	44.04	0.6	11.27	1.27	0.07	0.05	0	15.84	9.65	10.71	3.39	0.25
Total A Meal Values			<b>686.44</b>	<b>48.05</b>	<b>74.30</b>	<b>8.04</b>	<b>20.89</b>	<b>0.88</b>	<b>4.08</b>	<b>49.27</b>	<b>429.69</b>	<b>126.37</b>	<b>1020.50</b>	<b>3.84</b>
A Statistics			<b>31.15%</b>	<b>28.00%</b>	<b>43.30%</b>	<b>53.60%</b>	<b>27.39%</b>	<b>51.76%</b>	<b>170.00%</b>	<b>54.74%</b>	<b>35.81%</b>	<b>30.09%</b>	<b>34.91%</b>	
Total B Meal Values			<b>687.27</b>	<b>41.08</b>	<b>73.58</b>	<b>7.61</b>	<b>21.52</b>	<b>0.84</b>	<b>1.59</b>	<b>48.34</b>	<b>427.80</b>	<b>116.53</b>	<b>760.34</b>	<b>4.33</b>
B Statistics			<b>31.18%</b>	<b>23.91%</b>	<b>42.82%</b>	<b>50.73%</b>	<b>28.18%</b>	<b>49.41%</b>	<b>66.25%</b>	<b>53.71%</b>	<b>35.65%</b>	<b>27.75%</b>	<b>39.36%</b>	
Total Diet A Meal Values			<b>686.44</b>	<b>48.05</b>	<b>74.30</b>	<b>8.04</b>	<b>20.89</b>	<b>0.88</b>	<b>4.08</b>	<b>49.27</b>	<b>429.69</b>	<b>126.37</b>	<b>1020.50</b>	<b>3.84</b>
Diet A Statistics			<b>31.15%</b>	<b>28.00%</b>	<b>43.30%</b>	<b>53.60%</b>	<b>27.39%</b>	<b>51.76%</b>	<b>170.00%</b>	<b>54.74%</b>	<b>35.81%</b>	<b>30.09%</b>	<b>34.91%</b>	
Total Diet B Meal Values			<b>687.27</b>	<b>41.08</b>	<b>73.58</b>	<b>7.61</b>	<b>21.52</b>	<b>0.84</b>	<b>1.59</b>	<b>48.34</b>	<b>427.80</b>	<b>116.53</b>	<b>760.34</b>	<b>4.33</b>
Diet B Statistics			<b>31.18%</b>	<b>23.91%</b>	<b>42.82%</b>	<b>50.73%</b>	<b>28.18%</b>	<b>49.41%</b>	<b>66.25%</b>	<b>53.71%</b>	<b>35.65%</b>	<b>27.75%</b>	<b>39.36%</b>	

DATE>> April 2018 Final Hot Menu

DATE	RECNU!	MENU ITEM	PORTION SIZE	CAL	KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
			600		17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1	

DATE>> DAY 9, 34, 59, 84

			850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02	
154	CHICKEN, PAPRIKA CREAM SAUCE	5.58oz	187.91	27	5.55	0.78	5.74	0.6	0.31	6.74	27.61	28.35	271.1	1.17	
246	PORK, ROAST SLICED	3 OZ	177.62	24.26	0.14	0.07	8.17	0.47	0.62	0.59	17.8	24.23	113.58	2.15	
4047	GRAVY, PORKw/BASE-2 (ESHA)	2 oz.	19.05	0.31	4.03	0.11	0.14	0	0	0.18	1.93	1.41	99.31	0.02	
2130	POTATOES, CREAMED (ESHA) HV116	1/3 CUP	65.6832	2.409	13.4112	0.8646	0.2838	0.0924	0.1188	8.5998	43.0782	11.583	151.0014	0.231	
1743	BLEND, NORMANDY - LA (ESHA) sct	1/3 CUP	18.0048	1.221	3.5904	1.9272	0.2046	0.066	0	16.7508	18.9222	7.3986	18.0444	0.165	
4518	BREAD, HERB	1.33oz	96.34	2.94	17.91	0.09	1.99	0	0	0.15	20.81	0	201.4	0	
3013	BAR, LEMON	1.9oz./55.8	206.38	2.21	33.67	0.41	7.36	0.01	0	1.19	14.3	3.59	126.77	0.1	
3090	COOKIE, SPLENDA SUGAR	1.23 oz.	132.41	2.31	14.22	0.48	5.2	0.01	0	0.03	56.06	4.23	162.75	0.12	
Total A Meal Values			<b>676.80</b>	<b>44.00</b>	<b>86.31</b>	<b>4.07</b>	<b>17.95</b>	<b>0.86</b>	<b>1.50</b>	<b>33.43</b>	<b>415.08</b>	<b>77.76</b>	<b>875.68</b>	<b>2.69</b>	
A Statistics			<b>30.71%</b>	<b>26.00%</b>	<b>51.01%</b>	<b>27.15%</b>	<b>23.87%</b>	<b>50.49%</b>	<b>62.45%</b>	<b>37.15%</b>	<b>34.59%</b>	<b>18.51%</b>	<b>24.42%</b>		
Total B Meal Values			<b>685.56</b>	<b>41.57</b>	<b>84.93</b>	<b>3.47</b>	<b>20.52</b>	<b>0.73</b>	<b>1.81</b>	<b>27.46</b>	<b>407.20</b>	<b>75.05</b>	<b>817.47</b>	<b>3.69</b>	
B Statistics			<b>31.11%</b>	<b>24.25%</b>	<b>49.55%</b>	<b>23.15%</b>	<b>26.94%</b>	<b>42.85%</b>	<b>75.37%</b>	<b>30.51%</b>	<b>33.93%</b>	<b>17.87%</b>	<b>33.51%</b>		
Total Diet A Meal Values			<b>602.83</b>	<b>44.10</b>	<b>66.86</b>	<b>4.14</b>	<b>15.79</b>	<b>0.86</b>	<b>1.50</b>	<b>32.27</b>	<b>456.84</b>	<b>78.40</b>	<b>911.66</b>	<b>2.71</b>	
Diet A Statistics			<b>27.35%</b>	<b>29.26%</b>	<b>44.37%</b>	<b>27.61%</b>	<b>23.57%</b>	<b>50.49%</b>	<b>62.45%</b>	<b>35.86%</b>	<b>38.07%</b>	<b>18.67%</b>	<b>24.60%</b>		
Total Diet B Meal Values			<b>611.59</b>	<b>41.67</b>	<b>65.48</b>	<b>3.54</b>	<b>18.36</b>	<b>0.73</b>	<b>1.81</b>	<b>26.30</b>	<b>448.96</b>	<b>75.69</b>	<b>853.45</b>	<b>3.71</b>	
Diet B Statistics			<b>27.75%</b>	<b>27.25%</b>	<b>42.83%</b>	<b>23.61%</b>	<b>27.02%</b>	<b>42.85%</b>	<b>75.37%</b>	<b>29.22%</b>	<b>37.41%</b>	<b>18.02%</b>	<b>33.69%</b>		

DATE>> DAY 10, 35, 60, 85

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
305	TURKEY, ROASTED	3 OZ	144.6	24.94	0	0	4.23	0.39	0.31	0	21.26	22.11	300	2.64
4051	GRAVY, POULTRY-2 (ESHA)	2 oz.	19.01	0.26	4	0.08	0.15	0	0	0.03	1.83	1.12	94.4	0.02
207	FISH, BREADED	3.5 oz.	205.84	19.92	8.56	0.28	9.7	0.15	2.06	0.03	79.73	26.59	261.08	1.05
4097	Sauce, Tartar (ESHA) Commercial Brand	.56 oz./1 T	35.05	0.08	2.55	0.04	2.85	0	0	0.07	1.38	0.38	93.3	0.02
2151	Potatoes, Sour Cream & Chive (ESHA)	1/3 CUP	89.1	1.0098	10.989	0.8514	4.3362	0.1452	0.0198	16.8828	32.7822	13.3518	59.4594	0.2112
1619	PEAS, GREEN & ONIONS (ESHA)	3.75oz/.5C	70.75	4.22	13.54	4.68	0.24	0.12	0	11.94	24.84	19.58	55.68	0.56
4535	BREAD, RYE BRAN	1.31oz	99.89	3.24	15.79	0.14	2.83	0	0	0.08	21	0	201.43	0
3037	CAKE, POKE NO TOPPING	2.5 OZ PC	150.6	1.6	30.06	0	4	0	0	2.05	34.41	0	218.07	0
3043	CAKE, SPLENDA YELLOW	2.05 oz.	176.72	4.69	21.89	0.51	5.81	0.02	0.18	0.41	103.79	9.11	252.5	0.3
Total A Meal Values			<b>676.43</b>	<b>43.49</b>	<b>86.56</b>	<b>5.75</b>	<b>18.16</b>	<b>0.75</b>	<b>1.40</b>	<b>30.98</b>	<b>426.48</b>	<b>83.00</b>	<b>1036.40</b>	<b>4.45</b>
A Statistics			<b>30.69%</b>	<b>25.72%</b>	<b>51.19%</b>	<b>38.34%</b>	<b>24.16%</b>	<b>43.84%</b>	<b>58.33%</b>	<b>34.43%</b>	<b>35.54%</b>	<b>19.76%</b>	<b>40.47%</b>	
Total B Meal Values			<b>753.71</b>	<b>38.29</b>	<b>93.67</b>	<b>5.99</b>	<b>26.33</b>	<b>0.51</b>	<b>3.15</b>	<b>31.05</b>	<b>484.50</b>	<b>86.74</b>	<b>996.38</b>	<b>2.86</b>
B Statistics			<b>34.20%</b>	<b>20.32%</b>	<b>49.71%</b>	<b>39.94%</b>	<b>31.44%</b>	<b>29.72%</b>	<b>131.24%</b>	<b>34.50%</b>	<b>40.38%</b>	<b>20.65%</b>	<b>26.01%</b>	
Total Diet A Meal Values			<b>702.55</b>	<b>46.58</b>	<b>78.39</b>	<b>6.26</b>	<b>19.97</b>	<b>0.77</b>	<b>1.58</b>	<b>29.34</b>	<b>495.86</b>	<b>92.11</b>	<b>1070.83</b>	<b>4.75</b>
Diet A Statistics			<b>31.88%</b>	<b>26.52%</b>	<b>44.63%</b>	<b>41.74%</b>	<b>25.58%</b>	<b>45.01%</b>	<b>65.83%</b>	<b>32.60%</b>	<b>41.32%</b>	<b>21.93%</b>	<b>43.19%</b>	
Total Diet B Meal Values			<b>779.83</b>	<b>41.38</b>	<b>85.50</b>	<b>6.50</b>	<b>28.14</b>	<b>0.53</b>	<b>3.33</b>	<b>29.41</b>	<b>553.88</b>	<b>95.85</b>	<b>1030.81</b>	<b>3.16</b>
Diet B Statistics			<b>35.38%</b>	<b>21.23%</b>	<b>43.86%</b>	<b>43.34%</b>	<b>32.47%</b>	<b>30.89%</b>	<b>138.74%</b>	<b>32.68%</b>	<b>46.16%</b>	<b>22.82%</b>	<b>28.74%</b>	

	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ MAX mg	Zinc
A 5 DAY VALUES	3513.41	203.42	433.84	32.59	103.98	3.43	10.07	154.23	2596.60	475.20	4853.87	17.54
A ONE DAY WEEKLY AVERAGE	702.68268	40.68312	86.76744	6.51856	20.7966	0.68652	2.01372	30.84648	519.32008	95.03972	970.7736	3.50776
A PERCENT DRIA AVERAGE			43.46%		40.38%	83.91%	34.27%	43.28%	22.63%		31.89%	
A CALORIE BREAKDOWN		23.16%	49.39%		26.64%							
B 5 DAY VALUES	3663.06	196.89	443.09	30.23	120.91	3.04	12.02	152.98	2749.62	487.55	4628.72	21.90
B ONE DAY WEEKLY AVERAGE	732.61268	39.37712	88.61744	6.04656	24.1826	0.60852	2.40372	30.59648	549.92408	97.50972	925.7436	4.37976
B PERCENT DRIA AVERAGE			40.31%		35.80%	100.16%	34.00%	45.83%	23.22%		39.82%	
B CALORIE BREAKDOWN		21.50%	48.38%		29.71%							
Diet A 5 DAY VALUES	3306.43	206.80	374.99	32.55	102.07	3.44	10.20	152.12	2729.54	471.60	4754.89	17.64
Diet A ONE DAY WEEKLY AVERAGE	661.28668	41.35912	74.99744	6.51056	20.4146	0.68852	2.03972	30.42448	545.90808	94.31972	950.9776	3.52776
Diet A PERCENT DRIA AVERAGE			43.40%		40.50%	84.99%	33.80%	45.49%	22.46%		32.07%	
Diet A CALORIE BREAKDOWN		25.02%	45.36%		27.78%							
Diet B 5 DAY VALUES	3456.08	200.27	384.24	30.19	119.00	3.05	12.15	150.87	2882.56	483.95	4529.74	22.00
Diet B ONE DAY WEEKLY AVERAGE	691.21668	40.05312	76.84744	6.03856	23.8006	0.61052	2.42972	30.17448	576.51208	96.78972	905.9476	4.39976
Diet B PERCENT DRIA AVERAGE			40.26%		35.91%	101.24%	33.53%	48.04%	23.05%		40.00%	
Diet B CALORIE BREAKDOWN		23.18%	44.47%		30.99%							

DATE:>> April 2018 Final Hot Menu

DATE  
RECNUM MENU ITEM

PORTION SIZE	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
	600	17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 11, 36, 61, 86

	850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	
3540 MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
146 CHICKEN, LEMON HERB-BRST	3.4 OZ	192.21	26.32	1.51	0.49	3.93	0.54	0.29	4.34	21.66	25.08	67.73	1.08
403 BEEF, Country Fried Steak (Manuf)	5 oz	330	18	30	1	16	0	0	0	20	0	600	0
4039 GRAVY, COUNTRY (ESHA)	2.4 oz.	78.84	2.95	7.32	0.09	4.2	0.03	0.3	0.53	94.82	9.37	113.67	0.32
2138 POTATOES, MASHED - LA (ESHA)	1/3 CUP	98.1486	2.9436	18.2292	1.221	0.9504	0.2178	0.1848	24.255	91.4232	22.4598	116.1336	0.462
1791 MIXED VEGETABLES (ESHA) ( FMMP	1/3 CUP	45.4872	1.98	5.8542	2.6928	0.363	0.0726	0	3.6762	17.4174	9.6624	27.8916	0.3762
4548 BREAD, Whole Wheat #2 (ESHA)	1 each	127.88	3.86	23.64	2.76	2.48	0.09	0	0	15.18	37.26	159.16	0.69
3131 FRESH, ORANGE (E	5.75 OZ	61.57	1.23	15.39	3.14	0.16	0.08	0	69.69	52.4	13.1	0	0.09
3131 FRESH, ORANGE (E	5.75 OZ	61.57	1.23	15.39	3.14	0.16	0.08	0	69.69	52.4	13.1	0	0.09
Total A Meal Values		<b>627.78</b>	<b>44.55</b>	<b>76.80</b>	<b>10.30</b>	<b>10.25</b>	<b>1.09</b>	<b>1.54</b>	<b>101.96</b>	<b>488.44</b>	<b>134.40</b>	<b>478.28</b>	<b>3.72</b>
A Statistics		<b>28.48%</b>	<b>28.39%</b>	<b>48.94%</b>	<b>68.69%</b>	<b>14.70%</b>	<b>64.14%</b>	<b>64.37%</b>	<b>113.29%</b>	<b>40.70%</b>	<b>32.00%</b>		<b>33.80%</b>
Total B Meal Values		<b>844.41</b>	<b>39.18</b>	<b>112.61</b>	<b>10.90</b>	<b>26.52</b>	<b>0.58</b>	<b>1.55</b>	<b>98.15</b>	<b>581.60</b>	<b>118.69</b>	<b>1124.22</b>	<b>2.96</b>
B Statistics		<b>38.31%</b>	<b>18.56%</b>	<b>53.35%</b>	<b>72.69%</b>	<b>28.27%</b>	<b>34.14%</b>	<b>64.78%</b>	<b>109.06%</b>	<b>48.47%</b>	<b>28.26%</b>		<b>26.89%</b>
Total Diet A Meal Values		<b>627.78</b>	<b>44.55</b>	<b>76.80</b>	<b>10.30</b>	<b>10.25</b>	<b>1.09</b>	<b>1.54</b>	<b>101.96</b>	<b>488.44</b>	<b>134.40</b>	<b>478.28</b>	<b>3.72</b>
Diet A Statistics		<b>28.48%</b>	<b>28.39%</b>	<b>48.94%</b>	<b>68.69%</b>	<b>14.70%</b>	<b>64.14%</b>	<b>64.37%</b>	<b>113.29%</b>	<b>40.70%</b>	<b>32.00%</b>		<b>33.80%</b>
Total Diet B Meal Values		<b>844.41</b>	<b>39.18</b>	<b>112.61</b>	<b>10.90</b>	<b>26.52</b>	<b>0.58</b>	<b>1.55</b>	<b>98.15</b>	<b>581.60</b>	<b>118.69</b>	<b>1124.22</b>	<b>2.96</b>
Diet B Statistics		<b>38.31%</b>	<b>18.56%</b>	<b>53.35%</b>	<b>72.69%</b>	<b>28.27%</b>	<b>34.14%</b>	<b>64.78%</b>	<b>109.06%</b>	<b>48.47%</b>	<b>28.26%</b>		<b>26.89%</b>

DATE>> DAY 12, 37, 62, 87

3540 MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
306 TURKEY, ROASTED (2oz)	2 oz	96.39	16.62	0	0	2.82	0.26	0.21	0	14.17	14.74	39.69	1.76
468 BEEF, MEATLOAF Sandwich (SLM199) A	3.53 oz	188.14	12.16	6.23	0.76	9.58	0.27	1.1	1.6	31.89	16.69	335.29	2.25
1641 SOUP, SIX BEAN (ESHA)	8.oz/ 1 cup	136.96	7.06	22.53	6.93	2.49	0.15	0	7.34	56.83	44.03	284	0.86
2653 Salad, Broccoli Raisin (ESHA) FMMP Rec	1/2 c	108.93	2.15	11.14	1.58	6.88	0.1	0	38.66	26.55	14.52	44.78	0.34
4549 Bread, Whole Wheat Sara Lee	1 SLICE	45	3	9	2	0.5	0.05	0	0	20	24.08	115	0.54
2538 CANNED, PINEAPPLE TIDBITS-JUICE	4.3 OZ	74.7	0.52	19.55	1	0.1	0.09	0	11.83	17.43	17.43	1.24	0.12
4132 SAUCE, DIJONNAISE	1 ea	46.2	0.08	1.47	0.01	4.39	0	0	0.04	0.8	0	146.27	0
2546 Lettuce	1/2 cup	3.3	0.28	0.57	0.39	0.05	0	0	1.07	5.23	0	2.48	0
2538 CANNED, PINEAPPLE TIDBITS-JUICE	4.3 OZ	74.7	0.52	19.55	1	0.1	0.09	0	11.83	17.43	17.43	1.24	0.12
Total A Meal Values		<b>613.96</b>	<b>37.93</b>	<b>76.44</b>	<b>11.91</b>	<b>19.60</b>	<b>0.74</b>	<b>1.28</b>	<b>58.94</b>	<b>431.37</b>	<b>141.64</b>	<b>740.82</b>	<b>4.64</b>
A Statistics		<b>27.86%</b>	<b>24.71%</b>	<b>49.80%</b>	<b>79.40%</b>	<b>28.73%</b>	<b>43.53%</b>	<b>53.33%</b>	<b>65.49%</b>	<b>35.95%</b>	<b>33.72%</b>		<b>42.18%</b>
Total B Meal Values		<b>705.71</b>	<b>33.47</b>	<b>82.67</b>	<b>12.67</b>	<b>26.36</b>	<b>0.75</b>	<b>2.17</b>	<b>60.54</b>	<b>449.09</b>	<b>143.59</b>	<b>1036.42</b>	<b>5.13</b>
B Statistics		<b>32.02%</b>	<b>18.97%</b>	<b>46.86%</b>	<b>84.47%</b>	<b>33.62%</b>	<b>44.12%</b>	<b>90.42%</b>	<b>67.27%</b>	<b>37.42%</b>	<b>34.19%</b>		<b>46.64%</b>
Total Diet A Meal Values		<b>613.96</b>	<b>37.93</b>	<b>76.44</b>	<b>11.91</b>	<b>19.60</b>	<b>0.74</b>	<b>1.28</b>	<b>58.94</b>	<b>431.37</b>	<b>141.64</b>	<b>740.82</b>	<b>4.64</b>
Diet A Statistics		<b>27.86%</b>	<b>24.71%</b>	<b>49.80%</b>	<b>79.40%</b>	<b>28.73%</b>	<b>43.53%</b>	<b>53.33%</b>	<b>65.49%</b>	<b>35.95%</b>	<b>33.72%</b>		<b>42.18%</b>
Total Diet B Meal Values		<b>705.71</b>	<b>33.47</b>	<b>82.67</b>	<b>12.67</b>	<b>26.36</b>	<b>0.75</b>	<b>2.17</b>	<b>60.54</b>	<b>449.09</b>	<b>143.59</b>	<b>1036.42</b>	<b>5.13</b>
Diet B Statistics		<b>32.02%</b>	<b>18.97%</b>	<b>46.86%</b>	<b>84.47%</b>	<b>33.62%</b>	<b>44.12%</b>	<b>90.42%</b>	<b>67.27%</b>	<b>37.42%</b>	<b>34.19%</b>		<b>46.64%</b>



DATE>> DAY 13, 38, 63, 88

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
118	CHICKEN, CHOP SUEY (ESHA) ENP-E	8 oz/1 cup	186.35	22.88	9.52	2.52	5.83	0.44	0.24	8.99	35.23	31.22	584.23	1.82
2084	Rice, Brown (ESHA)	.5 CUP	105.42	2.45	21.8	1.71	0.85	0.14	0	0	11.63	41.55	6.88	0.6
22	BEEF, GROUND W/NOODLES	11.5oz/1 C	197.8	25.83	19.42	2.75	11.03	0.44	2.37	2.15	44.31	33.77	284.02	5.63
1772	CORN, CHUCKWAGON (ESHA) 1/3 cup	1/3 CUP	47.9556	1.518	11.4048	1.5312	0.3894	0.0858	0	11.9856	3.6366	16.2162	1.7754	0.363
2662	SLAW, COLE CREAMY (ESHA) ENP-S	1/2 c/3 oz.	88.73	1.42	9.58	1.56	5.35	0.08	0.06	22.51	45.63	9.67	62.8	0.22
3011	BAR, HERMIT (ESHA)	1.8 oz/ 1 ea	179.83	2.43	31.95	0.8	5.11	0.07	0	0.26	24.51	22.88	114.64	0.15
3090	COOKIE, SPLENDA SUGAR	1.23 oz.	132.41	2.31	14.22	0.48	5.2	0.01	0	0.03	56.06	4.23	162.75	0.12
Total A Meal Values			710.77	38.92	96.43	8.12	19.90	0.91	1.37	43.75	411.00	148.38	877.69	4.17
A Statistics			32.25%	21.90%	54.27%	54.14%	25.20%	53.28%	57.08%	48.61%	34.25%	35.33%		37.94%
Total B Meal Values			616.80	39.42	84.53	6.64	24.25	0.77	3.50	36.91	408.45	109.38	570.60	7.38
B Statistics			27.99%	25.56%	54.82%	44.27%	35.38%	45.05%	145.83%	41.01%	34.04%	26.04%		67.12%
Total Diet A Meal Values			843.18	41.23	110.65	8.60	25.10	0.92	1.37	43.78	467.06	152.61	1040.44	4.29
Diet A Statistics			38.26%	19.56%	52.49%	57.34%	26.79%	53.87%	57.08%	48.64%	38.92%	36.33%		39.03%
Total Diet B Meal Values			749.21	41.73	98.75	7.12	29.45	0.78	3.50	36.94	464.51	113.61	733.35	7.50
Diet B Statistics			33.99%	22.28%	52.73%	47.47%	35.38%	45.64%	145.83%	41.04%	38.71%	27.05%		68.21%

DATE>> April 2018 Final Hot Menu

DATE	RECNU!	MENU ITEM	PORTION SIZE	CAL	KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
			600			17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 14, 39, 64, 89

			850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02		
68	BEEF, SLOPPY JOE (ESHA)	5.0OZ	214.45	14.15	11.16	0.77	12.86	0.32	1.41	9.22	30.71	21.79	236.23	2.91		
469	SAUSAGE, KIELBASA (ESHA) SALEM	3.2 oz	294.84	10	3.37	0	24	0.09	0.62	17.33	21.77	12.7	680	1.17		
4014	CONDIMENT, MUSTARD YELLOW PRE	5291 OZ.	5	0.25	1.17	0.26	0.26	0.01	0	0.43	6	5.7	80	0.05		
1708	BEANS, BAKED (ESHA) 1/3 cup	1/3 CUP	99.2244	4.719	19.9452	5.7288	0.4752	0.132	0	3.4386	49.2162	41.6724	203.2602	0.6204		
1566	CARROTS, FROZEN SLiced (ESHA) No	3.75oz/.5C	39.34	0.62	8.22	3.51	0.72	0.09	0	2.45	37.21	11.7	50	0.37		
4557	BUN, HAMBURGER (ESHA)+D790	1.06 OZ.	119.97	4.08	21.26	0.9	1.86	0.03	0.09	0	59.34	9.03	205.97	0.28		
3154	ICE CREAM, CUP (E	3 oz./5 C	170.94	2.98	20.07	0.6	9.36	0.04	0.33	0.51	108.86	11.91	68.04	0.59		
1680	SAUERKRAUT (ESHA) (1/4 c)	1/4 c	8.13	0.39	0	1.07	0.06	0	0	6.25	12.84	0	288.95	0		
3154	ICE CREAM, CUP (E	3 oz./5 C	170.94	2.98	20.07	0.6	9.36	0.04	0.33	0.51	108.86	11.91	68.04	0.59		
Total A Meal Values			754.53	35.16	92.84	12.58	27.71	0.70	2.90	21.87	588.54	122.94	1159.81	5.79		
A Statistics			34.23%	18.64%	49.21%	83.86%	33.05%	41.29%	120.83%	24.30%	49.04%	29.27%		52.64%		
Total B Meal Values			839.92	31.26	86.22	12.07	39.11	0.48	2.11	30.41	585.60	119.55	1683.58	4.10		
B Statistics			38.11%	14.89%	41.06%	80.46%	41.90%	28.35%	87.92%	33.79%	48.80%	28.46%		37.28%		
Total Diet A Meal Values			754.53	35.16	92.84	12.58	27.71	0.70	2.90	21.87	588.54	122.94	1159.81	5.79		
Diet A Statistics			34.23%	18.64%	49.21%	83.86%	33.05%	41.29%	120.83%	24.30%	49.04%	29.27%		52.64%		
Total Diet B Meal Values			839.92	31.26	86.22	12.07	39.11	0.48	2.11	30.41	585.60	119.55	1683.58	4.10		
Diet B Statistics			38.11%	14.89%	41.06%	80.46%	41.90%	28.35%	87.92%	33.79%	48.80%	28.46%		37.28%		

DATE>> DAY 15, 40, 65, 90

3540	MILK, 1 % (ESHA)	8.00Z/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
461	CHICKEN, SALAD MINI GARDEN 2 oz p	1/2 c	144.65	18.09	2.27	0.64	2.11	0.37	0.19	9.84	35.06	20.7	71.36	0.62
463	TURKEY, SALAD MINI CLUB 2 oz pro	1/2 c	182.94	24.44	2.39	0.59	7.97	0.5	0.42	1.61	163.08	27.13	141.71	1.69
2651	SALAD, SPINACH ROMAINE ENP-S1150	1 cup	7.44	0.72	1.32	0.82	0.13	0.05	0	9.85	22.6	15.14	13.73	0.13
1633	SOUP, CREAM OF BROCCOLI (ESHA)	8 oz./1 cup	178.78	7.99	15.19	1.14	9.9	0.1	0.68	13.56	290.59	24.02	366.63	0.9
4622	ROLL, RYE BRAN	1.38oz	104.61	3.39	13.07	0.43	2.97	0	0	0	20.41	0	149.42	0
2530	CANNED, PEACHES SPICED (ESHA)	4.5OZ/.5C	70.87	0.53	18.89	1.56	0.05	0.02	0	2.84	4.75	6.04	6.11	0.11
4023	DRESSING, ITALIAN (ESHA)	.5296 OZ.	43.69	0.06	1.57	0	4.26	0.01	0	0	1.05	0.45	248.32	0.02
2531	CANNED, PEACHES SPICED, DIET SPL	4.5OZ/.5C	28.21	0.36	7.09	0.27	0.08	0	0	2.38	2.8	0	2.53	0
Total A Meal Values			<b>652.52</b>	<b>39.00</b>	<b>64.49</b>	<b>4.59</b>	<b>21.79</b>	<b>0.64</b>	<b>1.94</b>	<b>36.09</b>	<b>664.82</b>	<b>93.19</b>	<b>962.93</b>	<b>2.80</b>
A Statistics			<b>29.61%</b>	<b>23.91%</b>	<b>39.53%</b>	<b>30.60%</b>	<b>30.05%</b>	<b>37.65%</b>	<b>80.83%</b>	<b>40.10%</b>	<b>55.40%</b>	<b>22.19%</b>		<b>25.45%</b>
Total B Meal Values			<b>690.81</b>	<b>45.35</b>	<b>64.61</b>	<b>4.54</b>	<b>27.65</b>	<b>0.77</b>	<b>2.17</b>	<b>27.86</b>	<b>792.84</b>	<b>99.62</b>	<b>1033.28</b>	<b>3.87</b>
B Statistics			<b>31.34%</b>	<b>26.26%</b>	<b>37.41%</b>	<b>30.27%</b>	<b>36.02%</b>	<b>45.29%</b>	<b>90.42%</b>	<b>30.96%</b>	<b>66.07%</b>	<b>23.72%</b>		<b>35.18%</b>
Total Diet A Meal Values			<b>609.86</b>	<b>38.83</b>	<b>52.69</b>	<b>3.30</b>	<b>21.82</b>	<b>0.62</b>	<b>1.94</b>	<b>35.63</b>	<b>662.87</b>	<b>87.15</b>	<b>959.35</b>	<b>2.69</b>
Diet A Statistics			<b>27.67%</b>	<b>25.47%</b>	<b>34.56%</b>	<b>22.00%</b>	<b>32.20%</b>	<b>36.47%</b>	<b>80.83%</b>	<b>39.59%</b>	<b>55.24%</b>	<b>20.75%</b>		<b>24.45%</b>
Total Diet B Meal Values			<b>648.15</b>	<b>45.18</b>	<b>52.81</b>	<b>3.25</b>	<b>27.68</b>	<b>0.75</b>	<b>2.17</b>	<b>27.40</b>	<b>790.89</b>	<b>93.58</b>	<b>1029.70</b>	<b>3.76</b>
Diet B Statistics			<b>29.41%</b>	<b>27.88%</b>	<b>32.59%</b>	<b>21.67%</b>	<b>38.44%</b>	<b>44.12%</b>	<b>90.42%</b>	<b>30.44%</b>	<b>65.91%</b>	<b>22.28%</b>		<b>34.18%</b>

	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
A 5 DAY VALUES	3359.56	195.56	407.00	47.50	99.25	4.08	9.03	262.61	2584.16	640.55	4219.52	21.12
A ONE DAY WEEKLY AVERAGE	671.91116	39.11212	81.40068	9.50076	19.8496	0.81564	1.80696	52.52108	516.83268	128.11016	843.90416	4.22432
A PERCENT DRIA AVERAGE			63.34%		47.98%	75.29%	58.36%	43.07%	30.50%			38.40%
A CALORIE BREAKDOWN		23.28%	48.46%		2.36%							
B 5 DAY VALUES	3697.65	188.68	430.64	46.82	143.89	3.35	11.50	253.87	2817.57	590.83	5448.09	23.44
B ONE DAY WEEKLY AVERAGE	739.52916	37.73612	86.12868	9.36476	28.7776	0.66964	2.30096	50.77308	563.51468	118.16616	1089.61816	4.68832
B PERCENT DRIA AVERAGE			62.43%		39.39%	95.87%	56.41%	46.96%	28.13%			42.62%
B CALORIE BREAKDOWN		20.41%	46.59%		3.29%							
Diet A 5 DAY VALUES	3449.31	197.70	409.42	46.69	104.48	4.07	9.03	262.18	2638.27	638.74	4378.69	21.13
Diet A ONE DAY WEEKLY AVERAGE	689.86116	39.54012	81.88468	9.33876	20.8956	0.81364	1.80696	52.43508	527.65468	127.74816	875.73816	4.22632
Diet A PERCENT DRIA AVERAGE			62.26%		47.86%	75.29%	58.26%	43.97%	30.42%			38.42%
Diet A CALORIE BREAKDOWN		22.93%	47.48%		2.30%							
Diet B 5 DAY VALUES	3787.40	190.82	433.06	46.01	149.12	3.34	11.50	253.44	2871.68	589.02	5607.26	23.45
Diet B ONE DAY WEEKLY AVERAGE	757.47916	38.16412	86.61268	9.20276	29.8236	0.66764	2.30096	50.68708	574.33668	117.80416	1121.45216	4.69032
Diet B PERCENT DRIA AVERAGE			61.35%		39.27%	95.87%	56.32%	47.86%	28.05%			42.64%
Diet B CALORIE BREAKDOWN		20.15%	45.74%		3.22%							

DATE>> April 2018 Final Hot Menu

DATE  
RECNUM MENU ITEM

PORTION SIZE	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
	600	17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 16, 41, 66, 91

	850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	
3540 MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
413 CHICKEN, Divan Casserole (.5 c rice) (B)	8 oz	268.86	19.63	17.09	1.08	8.75	0.32	0.55	12.49	198.84	30.72	496.2	1.76
71 BEEF, SPAGHETTI W MEAT SAUCE W/	9.01oz/1cu	279.28	20.99	26.37	3.22	10.09	0.48	1.15	12.6	59.74	47.01	506.01	3.57
1714 BEANS, GREEN FROZEN-O (ESHA)	1/3 CUP	12.573	0.6666	2.8974	1.3464	0.0792	0.0264	0	1.8414	22.0044	10.7778	4.0392	0.2178
2634 SALAD, SPINACH ROMAINE w/(Carrot,C	1.3oz/.5cup	8.65	0.61	1.73	0.79	0.1	0.05	0	9.78	20.3	12.41	16.83	0.12
4615 ROLL, OAT BRAN	1.38oz	102.98	3.48	16.92	3	1.99	0.5	0.8	4.97	23.99	3.5	216.74	0.5
2510 APPLESAUCE, SPICED (ESHA)	4 oz./.5 c	58.92	0.19	15.43	1.4	0.06	0.03	0	23.41	4.68	3.42	2.22	0.04
4020 DRESSING, FRENCH (ESHA)	1 pkt.	56.21	0.09	1.92	0	5.51	0	0.02	0	2.95	0.62	102.83	0.04
2511 APPLESAUCE, SPICED DIET	4.25 OZ	52.76	0.21	13.86	0.67	0.06	0	0	1.49	4.87	0	2.47	0
<b>Total A Meal Values</b>		<b>610.67</b>	<b>32.89</b>	<b>68.17</b>	<b>7.62</b>	<b>18.86</b>	<b>1.02</b>	<b>2.44</b>	<b>52.49</b>	<b>563.12</b>	<b>88.29</b>	<b>946.22</b>	<b>3.70</b>
<b>A Statistics</b>		<b>27.71%</b>	<b>21.54%</b>	<b>44.65%</b>	<b>50.78%</b>	<b>27.79%</b>	<b>59.79%</b>	<b>101.67%</b>	<b>58.32%</b>	<b>46.93%</b>	<b>21.02%</b>		<b>33.62%</b>
<b>Total B Meal Values</b>		<b>621.09</b>	<b>34.25</b>	<b>77.45</b>	<b>9.76</b>	<b>20.20</b>	<b>1.18</b>	<b>3.04</b>	<b>52.60</b>	<b>424.02</b>	<b>104.58</b>	<b>956.03</b>	<b>5.51</b>
<b>B Statistics</b>		<b>28.18%</b>	<b>22.06%</b>	<b>49.88%</b>	<b>65.04%</b>	<b>29.27%</b>	<b>69.20%</b>	<b>126.67%</b>	<b>58.45%</b>	<b>35.34%</b>	<b>24.90%</b>		<b>50.07%</b>
<b>Total Diet A Meal Values</b>		<b>604.51</b>	<b>32.91</b>	<b>66.60</b>	<b>6.89</b>	<b>18.86</b>	<b>0.99</b>	<b>2.44</b>	<b>30.57</b>	<b>563.31</b>	<b>84.87</b>	<b>946.47</b>	<b>3.66</b>
<b>Diet A Statistics</b>		<b>27.43%</b>	<b>21.77%</b>	<b>44.07%</b>	<b>45.91%</b>	<b>28.08%</b>	<b>58.02%</b>	<b>101.67%</b>	<b>33.97%</b>	<b>46.94%</b>	<b>20.21%</b>		<b>33.25%</b>
<b>Total Diet B Meal Values</b>		<b>614.93</b>	<b>34.27</b>	<b>75.88</b>	<b>9.03</b>	<b>20.20</b>	<b>1.15</b>	<b>3.04</b>	<b>30.68</b>	<b>424.21</b>	<b>101.16</b>	<b>956.28</b>	<b>5.47</b>
<b>Diet B Statistics</b>		<b>27.90%</b>	<b>22.29%</b>	<b>49.36%</b>	<b>60.18%</b>	<b>29.56%</b>	<b>67.44%</b>	<b>126.67%</b>	<b>34.09%</b>	<b>35.35%</b>	<b>24.09%</b>		<b>49.71%</b>

DATE>> DAY 17, 42, 67, 92

3540 MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
341 VEGETARIAN, BROCCOLI BAKE ENF	1 cup/7 oz	246.51	14.61	12.64	2.57	15.68	0.22	0.63	74.06	328.27	34.55	414.85	1.66
474 PORK SAUSAGE GRAVY	1 cup	222.34	14.03	23.38	5.62	8.95	0.4	0.71	8.24	65.89	46.12	339	2.21
1746 BLEND, SCANDANAVIAN (ESHA) (FM	1/3 CUP	31.5084	1.2276	4.4616	1.584	1.1748	0.0396	0	4.257	15.0216	9.3522	23.001	0.2178
2607 SALAD, GARDEN VEGETABLE (ESHA)	2.07OZ/.5C	7.41	0.55	1.49	0.73	0.09	0.04	0	9.59	13.24	6.79	5.87	0.09
4503 BISCUIT, BAKING POWDER (ESHA)	49.89g	139.7	3.36	18.6	0.59	5.67	0.02	0.12	0.21	123.78	8.72	258.61	0.28
3212 PUDDING, RICE"CURSTARD"	5.00OZ1/2	194.79	9.58	31.36	0	3.38	0	0	1.18	201.69	0	175.75	0
4025 DRESSING, ITALIAN FAT-FREE (ESHA)	.5296 oz.	7.06	0.15	1.31	0.09	0.13	0	0.05	0.06	4.5	0.75	169.5	0.05
3289 PUDDING DIET RICE	1/2c/4 oz	118.47	5.45	22.85	0.32	0.24	0.1	0.5	0.71	169.18	19.7	73.3	0.7
<b>Total A Meal Values</b>		<b>729.46</b>	<b>37.70</b>	<b>82.04</b>	<b>5.56</b>	<b>28.49</b>	<b>0.41</b>	<b>1.87</b>	<b>89.36</b>	<b>976.86</b>	<b>87.00</b>	<b>1154.94</b>	<b>3.32</b>
<b>A Statistics</b>		<b>33.10%</b>	<b>20.67%</b>	<b>44.99%</b>	<b>37.09%</b>	<b>35.16%</b>	<b>24.09%</b>	<b>77.92%</b>	<b>99.29%</b>	<b>81.41%</b>	<b>20.71%</b>		<b>30.16%</b>
<b>Total B Meal Values</b>		<b>705.29</b>	<b>37.12</b>	<b>92.78</b>	<b>8.61</b>	<b>21.76</b>	<b>0.59</b>	<b>1.95</b>	<b>23.54</b>	<b>714.48</b>	<b>98.57</b>	<b>1079.09</b>	<b>3.87</b>
<b>B Statistics</b>		<b>32.00%</b>	<b>21.05%</b>	<b>52.62%</b>	<b>57.43%</b>	<b>27.77%</b>	<b>34.68%</b>	<b>81.25%</b>	<b>26.15%</b>	<b>59.54%</b>	<b>23.47%</b>		<b>35.16%</b>
<b>Total Diet A Meal Values</b>		<b>653.14</b>	<b>33.57</b>	<b>73.53</b>	<b>5.88</b>	<b>25.35</b>	<b>0.51</b>	<b>2.37</b>	<b>88.89</b>	<b>944.35</b>	<b>106.70</b>	<b>1052.49</b>	<b>4.02</b>
<b>Diet A Statistics</b>		<b>29.63%</b>	<b>20.56%</b>	<b>45.03%</b>	<b>39.23%</b>	<b>34.94%</b>	<b>29.98%</b>	<b>98.75%</b>	<b>98.76%</b>	<b>78.70%</b>	<b>25.41%</b>		<b>36.53%</b>
<b>Total Diet B Meal Values</b>		<b>628.97</b>	<b>32.99</b>	<b>84.27</b>	<b>8.93</b>	<b>18.62</b>	<b>0.69</b>	<b>2.45</b>	<b>23.07</b>	<b>681.97</b>	<b>118.27</b>	<b>976.64</b>	<b>4.57</b>
<b>Diet B Statistics</b>		<b>28.54%</b>	<b>20.98%</b>	<b>53.59%</b>	<b>59.56%</b>	<b>26.65%</b>	<b>40.56%</b>	<b>102.08%</b>	<b>25.63%</b>	<b>56.83%</b>	<b>28.16%</b>		<b>41.53%</b>

DATE>> DAY 18, 43, 68, 93

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
462	TURKEY, SALAD MINI GARDEN 2 oz p	1/2 c	158.45	17.59	2.27	0.64	1.27	0.49	0.22	9.84	31.66	22.4	85.54	1.03
475	CHICKEN, CURRY SALAD	1/2 cup	249	22.35	33.6	3	3.45	0	0	7.5	40.5	0	270	0
2651	SALAD, SPINACH ROMAINE ENP-S115	1 cup	7.44	0.72	1.32	0.82	0.13	0.05	0	9.85	22.6	15.14	13.73	0.13
1637	SOUP, LENTIL- LA (ESHA)	8.6oz./1 cu	124.81	6.11	15.56	4.72	2.18	0.15	0.03	2.7	23.56	24.79	435.16	0.82
4637	ROLL, WHOLE WHEAT DINNER, 2.5 IN	1 EA	95.76	3.13	18.4	2.7	1.69	0	0	0	38.16	0	172.08	0
3288	CANNED, GOLDEN FRUIT CUP ( Peach,	1/2 c/ 4 oz	44.04	0.6	11.27	1.27	0.07	0.05	0	15.84	9.65	10.71	3.39	0.25
4028	DRESSING, RANCH STYLE (ESHA)	.5296 OZ.	72.67	0.15	1	0.11	7.72	0	0.05	0.51	4.65	0.75	122.51	0.06
3288	CANNED, GOLDEN FRUIT CUP ( Peach,	1/2 c/ 4 oz	44.04	0.6	11.27	1.27	0.07	0.05	0	15.84	9.65	10.71	3.39	0.25
Total A Meal Values			<b>605.65</b>	<b>36.52</b>	<b>62.00</b>	<b>10.26</b>	<b>15.43</b>	<b>0.83</b>	<b>1.37</b>	<b>38.74</b>	<b>420.64</b>	<b>100.63</b>	<b>939.77</b>	<b>3.31</b>
A Statistics			<b>27.48%</b>	<b>24.12%</b>	<b>40.95%</b>	<b>68.40%</b>	<b>22.93%</b>	<b>48.82%</b>	<b>57.08%</b>	<b>43.04%</b>	<b>35.05%</b>	<b>23.96%</b>	<b>30.09%</b>	
Total B Meal Values			<b>696.20</b>	<b>41.28</b>	<b>93.33</b>	<b>12.62</b>	<b>17.61</b>	<b>0.34</b>	<b>1.15</b>	<b>36.40</b>	<b>429.48</b>	<b>78.23</b>	<b>1124.23</b>	<b>2.28</b>
B Statistics			<b>31.59%</b>	<b>23.72%</b>	<b>53.62%</b>	<b>84.13%</b>	<b>22.77%</b>	<b>20.00%</b>	<b>47.92%</b>	<b>40.44%</b>	<b>35.79%</b>	<b>18.63%</b>	<b>20.73%</b>	
Total Diet A Meal Values			<b>605.65</b>	<b>36.52</b>	<b>62.00</b>	<b>10.26</b>	<b>15.43</b>	<b>0.83</b>	<b>1.37</b>	<b>38.74</b>	<b>420.64</b>	<b>100.63</b>	<b>939.77</b>	<b>3.31</b>
Diet A Statistics			<b>27.48%</b>	<b>24.12%</b>	<b>40.95%</b>	<b>68.40%</b>	<b>22.93%</b>	<b>48.82%</b>	<b>57.08%</b>	<b>43.04%</b>	<b>35.05%</b>	<b>23.96%</b>	<b>30.09%</b>	
Total Diet B Meal Values			<b>696.20</b>	<b>41.28</b>	<b>93.33</b>	<b>12.62</b>	<b>17.61</b>	<b>0.34</b>	<b>1.15</b>	<b>36.40</b>	<b>429.48</b>	<b>78.23</b>	<b>1124.23</b>	<b>2.28</b>
Diet B Statistics			<b>31.59%</b>	<b>23.72%</b>	<b>53.62%</b>	<b>84.13%</b>	<b>22.77%</b>	<b>20.00%</b>	<b>47.92%</b>	<b>40.44%</b>	<b>35.79%</b>	<b>18.63%</b>	<b>20.73%</b>	

DATE>> April 2018 Final Hot Menu

DATE	RECNU!	MENU ITEM	PORTION SIZE	CAL	KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
				600		17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 19, 44, 69, 94

			850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02	
80	BEEF, STEW (ESHA)	9.56oz/1cu	270.22	20.77	18.77	2.24	6.31	0.39	1.72	8.73	40.94	32.32	342.44	4.41	
327	VEGETARIAN, LASAGNA w/BROCCOL	1 cup	263.69	11.68	26.49	3.49	4.08	0.22	0.38	19.88	130.42	54.25	465	1.27	
1749	BROCCOLI CUTS W/MARGARINE 1/3 c	1/3 CUP	38.9268	1.8612	3.1878	1.3002	2.5806	0	0	23.7006	31.0728	0	21.78	0	
2631	SALAD, ROMAINE ICEBERG w/ carrots, c	1.3oz./1.5c	7.63	0.39	1.65	0.67	0.07	0.03	0	6.91	11.12	4.24	9.01	0.07	
4607	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	18.53	4	0.63	0.5	0.5	0.25	25.15	2	111.44	2	
3224	WHIP, CHERRY	4.1OZ./5C	77.21	1.56	16.32	0	0.88	0	0.02	0.05	8.71	1.94	84.45	0.02	
4029	DRESSING, THOUSAND ISLAND (ESHA)	.5296 OZ.	55.55	0.16	2.2	0.12	5.26	0	0	0	2.55	1.2	129.57	0.04	
3291	WHIP CHERRY DIET	1/2 cup	43.89	1.59	2.79	0	0	0	0	7.15	0	0.51	0	0	
Total A Meal Values			<b>642.27</b>	<b>36.19</b>	<b>72.84</b>	<b>8.33</b>	<b>18.10</b>	<b>1.01</b>	<b>3.31</b>	<b>39.64</b>	<b>409.90</b>	<b>68.54</b>	<b>806.05</b>	<b>7.56</b>	
A Statistics			<b>29.14%</b>	<b>22.54%</b>	<b>45.36%</b>	<b>55.53%</b>	<b>25.36%</b>	<b>59.41%</b>	<b>137.92%</b>	<b>44.05%</b>	<b>34.16%</b>	<b>16.32%</b>	<b>68.73%</b>		
Total B Meal Values			<b>635.74</b>	<b>27.10</b>	<b>80.56</b>	<b>9.58</b>	<b>15.87</b>	<b>0.84</b>	<b>1.97</b>	<b>50.79</b>	<b>499.38</b>	<b>90.47</b>	<b>928.61</b>	<b>4.42</b>	
B Statistics			<b>28.84%</b>	<b>17.05%</b>	<b>50.69%</b>	<b>63.87%</b>	<b>22.47%</b>	<b>49.41%</b>	<b>82.08%</b>	<b>56.43%</b>	<b>41.62%</b>	<b>21.54%</b>	<b>40.18%</b>		
Total Diet A Meal Values			<b>608.95</b>	<b>36.22</b>	<b>59.31</b>	<b>8.33</b>	<b>17.22</b>	<b>1.01</b>	<b>3.29</b>	<b>46.74</b>	<b>401.19</b>	<b>67.11</b>	<b>721.60</b>	<b>7.54</b>	
Diet A Statistics			<b>27.63%</b>	<b>23.79%</b>	<b>38.96%</b>	<b>55.53%</b>	<b>25.45%</b>	<b>59.41%</b>	<b>137.08%</b>	<b>51.93%</b>	<b>33.43%</b>	<b>15.98%</b>	<b>68.55%</b>		
Total Diet B Meal Values			<b>602.42</b>	<b>27.13</b>	<b>67.03</b>	<b>9.58</b>	<b>14.99</b>	<b>0.84</b>	<b>1.95</b>	<b>57.89</b>	<b>490.67</b>	<b>89.04</b>	<b>844.16</b>	<b>4.40</b>	
Diet B Statistics			<b>27.33%</b>	<b>18.01%</b>	<b>44.51%</b>	<b>63.87%</b>	<b>22.40%</b>	<b>49.41%</b>	<b>81.25%</b>	<b>64.32%</b>	<b>40.89%</b>	<b>21.20%</b>	<b>40.00%</b>		

DATE>> DAY 20, 45, 70, 95

3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
139	CHICKEN, ITALIAN HERB-D/W/SKIN	3.4 OZ.	226.77	23.02	1	0.3	13.97	0.3	0.26	3.2	18.13	20.88	78.49	2.22
4051	GRAVY, POULTRY-2 (ESHA)	2 oz.	19.01	0.26	4	0.08	0.15	0	0	0.03	1.83	1.12	94.4	0.02
243	PORK, PATTY HV136	3.7 oz	220.54	18.06	6.01	0.67	11.3	0.15	1.68	3.25	37.3	21.99	326.04	2.63
4047	GRAVY, PORKw/BASE-2 (ESHA)	2 oz.	19.05	0.31	4.03	0.11	0.14	0	0	0.18	1.93	1.41	99.31	0.02
2138	POTATOES, MASHED - LA (ESHA)	1/3 CUP	98.1486	2.9436	18.2292	1.221	0.9504	0.2178	0.1848	24.255	91.4232	22.4598	116.1336	0.462
1761	CARROTS, FROZEN SLICed (ESHA) No	1/3 CUP	25.9644	0.4092	5.4252	2.3166	0.4752	0.0594	0	1.617	24.5586	7.722	33	0.2442
4539	BREAD, SEVEN GRAIN	1.31oz.	98.86	3.11	23.2	0	2.84	0	0	0	38	0	234.01	0
3274	BROWNIE, Zucchini ( ENP-H2303) ( ESH	2 oz/ 1 ea	181.83	2.85	28.22	1.52	7.33	0.02	0	0.98	11.47	21.68	113.44	0.35
3080	COOKIE, SPLEND A CHOCOALTE CHI	1.33 oz.	183.79	2.16	20.75	0.55	7.22	0.01	0.04	0	22.39	8.89	69.05	0.23
Total A Meal Values			<b>753.06</b>	<b>40.81</b>	<b>92.25</b>	<b>5.44</b>	<b>28.09</b>	<b>0.69</b>	<b>1.51</b>	<b>30.08</b>	<b>475.77</b>	<b>100.70</b>	<b>776.83</b>	<b>4.32</b>
A Statistics			<b>34.17%</b>	<b>21.68%</b>	<b>49.00%</b>	<b>36.25%</b>	<b>33.57%</b>	<b>40.42%</b>	<b>63.12%</b>	<b>33.42%</b>	<b>39.65%</b>	<b>23.98%</b>		<b>39.24%</b>
Total B Meal Values			<b>746.87</b>	<b>35.90</b>	<b>97.29</b>	<b>5.84</b>	<b>25.41</b>	<b>0.54</b>	<b>2.93</b>	<b>30.28</b>	<b>495.04</b>	<b>102.10</b>	<b>1029.29</b>	<b>4.73</b>
B Statistics			<b>33.89%</b>	<b>19.23%</b>	<b>52.11%</b>	<b>38.92%</b>	<b>30.61%</b>	<b>31.60%</b>	<b>122.28%</b>	<b>33.65%</b>	<b>41.25%</b>	<b>24.31%</b>		<b>42.97%</b>
Total Diet A Meal Values			<b>755.02</b>	<b>40.12</b>	<b>84.78</b>	<b>4.47</b>	<b>27.98</b>	<b>0.68</b>	<b>1.55</b>	<b>29.10</b>	<b>486.69</b>	<b>87.91</b>	<b>732.44</b>	<b>4.20</b>
Diet A Statistics			<b>34.26%</b>	<b>21.26%</b>	<b>44.92%</b>	<b>29.78%</b>	<b>33.35%</b>	<b>39.84%</b>	<b>64.78%</b>	<b>32.34%</b>	<b>40.56%</b>	<b>20.93%</b>		<b>38.15%</b>
Total Diet B Meal Values			<b>748.83</b>	<b>35.21</b>	<b>89.82</b>	<b>4.87</b>	<b>25.30</b>	<b>0.53</b>	<b>2.97</b>	<b>29.30</b>	<b>505.96</b>	<b>89.31</b>	<b>984.90</b>	<b>4.61</b>
Diet B Statistics			<b>33.98%</b>	<b>18.81%</b>	<b>47.98%</b>	<b>32.45%</b>	<b>30.40%</b>	<b>31.01%</b>	<b>123.95%</b>	<b>32.56%</b>	<b>42.16%</b>	<b>21.26%</b>		<b>41.87%</b>

	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
A 5 DAY VALUES	3341.11	184.11	377.30	37.21	108.97	3.95	10.50	250.31	2846.30	445.16	4623.81	22.20
A ONE DAY WEEKLY AVERAGE	668.22224	36.82164	75.46024	7.44164	21.79404	0.79064	2.10096	50.0622	569.26012	89.03236	924.76276	4.44036
A PERCENT DRIA AVERAGE				49.61%		46.51%	87.54%	55.62%	47.44%	21.20%		40.37%
A CALORIE BREAKDOWN		22.04%	45.17%		29.35%							
B 5 DAY VALUES	3405.19	175.65	441.41	46.41	100.85	3.48	11.04	193.61	2562.41	473.95	5117.25	20.80
B ONE DAY WEEKLY AVERAGE	681.03824	35.12964	88.28224	9.28164	20.17004	0.69664	2.20896	38.7222	512.48212	94.79036	1023.45076	4.16036
B PERCENT DRIA AVERAGE				61.88%		40.98%	92.04%	43.02%	42.71%	22.57%		37.82%
B CALORIE BREAKDOWN		20.63%	51.85%		26.65%							
Diet A 5 DAY VALUES	3227.27	179.34	346.22	35.83	104.84	4.01	11.02	234.04	2816.19	447.22	4392.77	22.72
Diet A ONE DAY WEEKLY AVERAGE	645.45424	35.86764	69.24424	7.16564	20.96804	0.80264	2.20496	46.8082	563.23812	89.44436	878.55476	4.54436
Diet A PERCENT DRIA AVERAGE				47.77%		47.21%	91.87%	52.01%	46.94%	21.30%		41.31%
Diet A CALORIE BREAKDOWN		22.23%	42.91%		29.24%							
Diet B 5 DAY VALUES	3291.35	170.88	410.33	45.03	96.72	3.54	11.56	177.34	2532.30	476.01	4886.21	21.32
Diet B ONE DAY WEEKLY AVERAGE	658.27024	34.17564	82.06624	9.00564	19.34404	0.70864	2.31296	35.4682	506.46012	95.20236	977.24276	4.26436
Diet B PERCENT DRIA AVERAGE				60.04%		41.68%	96.37%	39.41%	42.21%	22.67%		38.77%
Diet B CALORIE BREAKDOWN		20.77%	49.87%		26.45%							

DATE:>> April 2018 Final Hot Menu

DATE  
RECNUM MENU ITEM

PORTION SIZE	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Fat	B-6 mg	B-12 mg	C mg	Ca+ mg	Magne	Na+ mg MAX	Zinc
	600	17	43	7	0.3	0.57	0.79	30	400	88	1050	3.1

DATE>> DAY 21, 46, 71, 96

		850	Daily	Daily	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	
3540	MILK, 1 % (ESHA)	8.0OZ/1C	102.48	8.22	12.18	0	2.37	0.09	1.07	0	290.36	26.84	107.36	1.02
64	BEEF, RIGATONI BAKED (ESH)	9.2oz./1cup	276.95	20.14	22.96	2.53	11.59	0.38	1.77	7.65	70.48	39.19	322.46	4.42
225	HAM, SCALLOPED POTATOES WCCE	1 CUP	350.39	25.35	34.86	1.27	10.44	0.22	0.83	4.74	261.67	26.97	933.77	2.26
1714	BEANS, GREEN FROZEN-O (ESHA)	1/3 CUP	12.573	0.6666	2.8974	1.3464	0.0792	0.0264	0	1.8414	22.0044	10.7778	4.0392	0.2178
2662	SLAW, COLE CREAMY (ESHA) ENP-S	1/2 c/3 oz.	88.73	1.42	9.58	1.56	5.35	0.08	0.06	22.51	45.63	9.67	62.8	0.22
4608	ROLL, CRACKED WHEAT	1.38oz	103.56	3.34	16.83	2.51	2.91	0	0	0.09	22.13	0	216.68	0
3100	CRISP, APPLE	5.2OZ/5	167.59	1.39	32.87	1.83	3.93	0.11	0	0.29	35.51	12.66	66.34	0.23
3101	CRISP, APPLE SPLENDA	4.96 oz.	163.99	1.48	29.33	1.54	4.97	0.03	0.01	2.88	35.51	13.64	60.49	0.2
Total A Meal Values			<b>751.88</b>	<b>35.18</b>	<b>97.32</b>	<b>9.78</b>	<b>26.23</b>	<b>0.69</b>	<b>2.90</b>	<b>32.38</b>	<b>486.11</b>	<b>99.14</b>	<b>779.68</b>	<b>6.11</b>
A Statistics			<b>34.11%</b>	<b>18.71%</b>	<b>51.77%</b>	<b>65.18%</b>	<b>31.40%</b>	<b>40.38%</b>	<b>120.83%</b>	<b>35.98%</b>	<b>40.51%</b>	<b>23.60%</b>	<b>55.53%</b>	
Total B Meal Values			<b>825.32</b>	<b>40.39</b>	<b>109.22</b>	<b>8.52</b>	<b>25.08</b>	<b>0.53</b>	<b>1.96</b>	<b>29.47</b>	<b>677.30</b>	<b>86.92</b>	<b>1390.99</b>	<b>3.95</b>
B Statistics			<b>37.45%</b>	<b>19.57%</b>	<b>52.93%</b>	<b>56.78%</b>	<b>27.35%</b>	<b>30.96%</b>	<b>81.67%</b>	<b>32.75%</b>	<b>56.44%</b>	<b>20.69%</b>	<b>35.89%</b>	
Total Diet A Meal Values			<b>748.28</b>	<b>35.27</b>	<b>93.78</b>	<b>9.49</b>	<b>27.27</b>	<b>0.61</b>	<b>2.91</b>	<b>34.97</b>	<b>486.11</b>	<b>100.12</b>	<b>773.83</b>	<b>6.08</b>
Diet A Statistics			<b>33.95%</b>	<b>18.85%</b>	<b>50.13%</b>	<b>63.24%</b>	<b>32.80%</b>	<b>35.67%</b>	<b>121.25%</b>	<b>38.86%</b>	<b>40.51%</b>	<b>23.84%</b>	<b>55.25%</b>	
Total Diet B Meal Values			<b>821.72</b>	<b>40.48</b>	<b>105.68</b>	<b>8.23</b>	<b>26.12</b>	<b>0.45</b>	<b>1.97</b>	<b>32.06</b>	<b>677.30</b>	<b>87.90</b>	<b>1385.14</b>	<b>3.92</b>
Diet B Statistics			<b>37.28%</b>	<b>19.70%</b>	<b>51.44%</b>	<b>54.84%</b>	<b>28.61%</b>	<b>26.26%</b>	<b>82.08%</b>	<b>35.62%</b>	<b>56.44%</b>	<b>20.93%</b>	<b>35.62%</b>	

# of Days	# of Weeks	CAL KCAL	PRO Grams	CARBS CHO	Fiber	Total Sugar gm	Sat Fat	B-12 mg	Biotin	Vita D IU	Copper	Manganeses	Zinc
21	5	682.7163	37.85666667	85.21257143	7.809952381	2.162380952	6.099514286	2.040980952	8.016704762	148.8341048	0.313285714	0.784438095	4.169352381
		22.2%				8.0%							
21	5	712.7244	37.56285714	89.18780952	7.890904762	2.656666667	7.67932381	2.360028571	8.021466667	154.2450571	0.916142857	0.81872381	4.241257143
		21.1%				9.7%							
21	5	666.5468	37.89666667	79.81733333	7.654714286	4.29	6.277609524	2.060980952	8.012895238	150.3941048	0.306142857	0.767295238	4.204114286
		22.7%				8.5%							
21	5	696.5549	37.60285714	83.79257143	7.735666667	4.784285714	7.857419048	2.380028571	8.017657143	155.8050571	0.909	0.801580952	4.276019048
		21.6%				10.2%							

