

FOOD FOR LANE COUNTY
PARTNER AGENCY CONFERENCE
OCTOBER 12, 2018

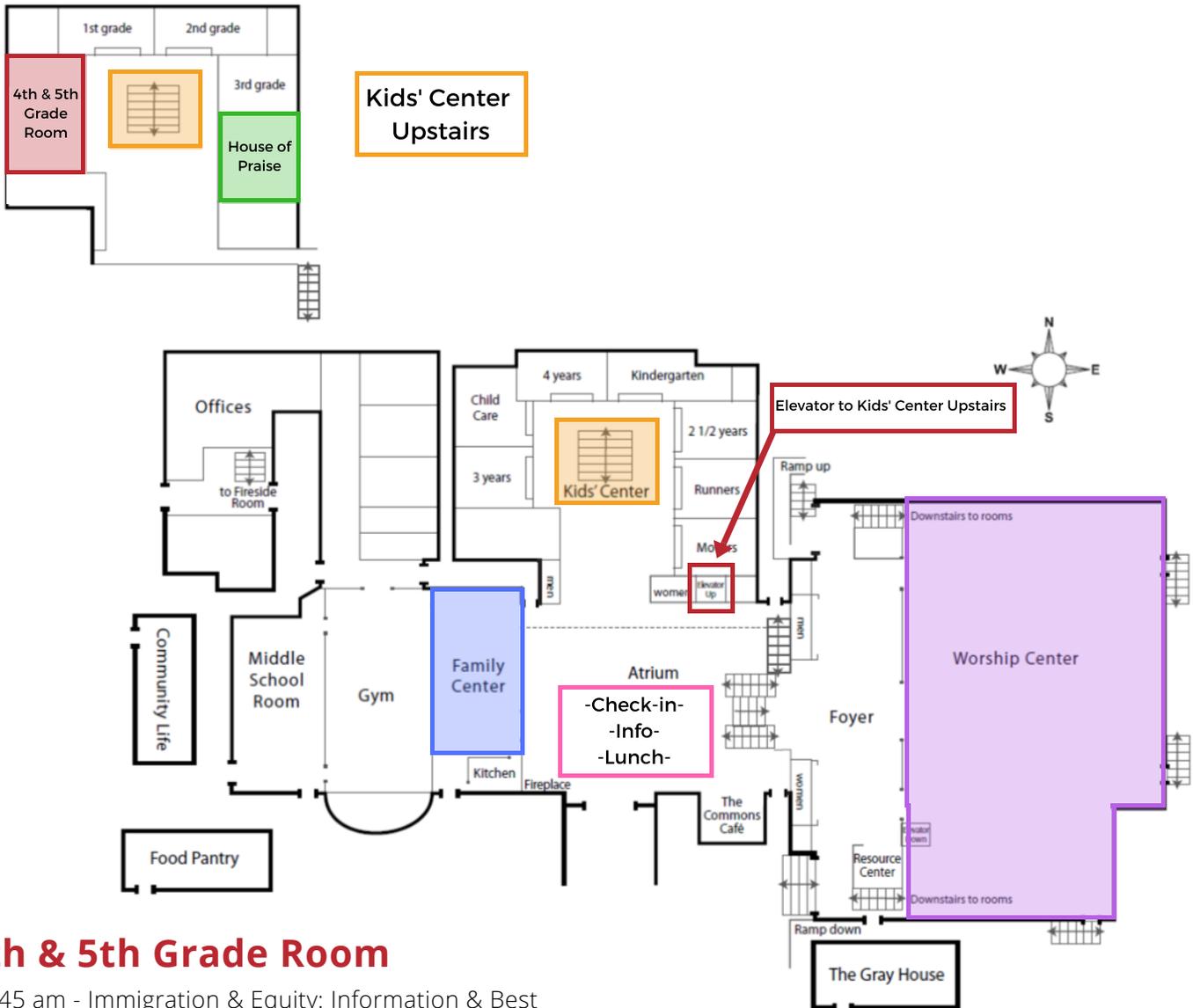
Eugene Faith Center
1410 West 13th Ave
Eugene, OR



- 8:15 AM** CONFERENCE CHECK-IN OPENS
ATRIUM
- 8:45 AM** CULTURAL SENSITIVITY & CIVIL RIGHTS TRAINING
WORSHIP CENTER
- 9:30 AM** OPENING REMARKS
WORSHIP CENTER
- 9:50 AM** KEYNOTE ADDRESS: DR. SARAH STAPLETON, UNIVERSITY OF OREGON
WORSHIP CENTER
- 10:15 AM** JUSTICE OF EATING AWARDS
WORSHIP CENTER
- 10:45 AM** WORKSHOP SESSION I
DETAILS INSIDE
- 12:00 PM** LUNCH
ATRIUM
- 1:00 PM** WORKSHOP SESSION II
DETAILS INSIDE
- 2:30 PM** WORKSHOP SESSION III
DETAILS INSIDE
- 3:50 PM** CLOSING REMARKS
WORSHIP CENTER



FFLC PARTNER AGENCY CONFERENCE



4th & 5th Grade Room

10:45 am - Immigration & Equity: Information & Best Practices for Serving Immigrant Community Members & Their Families

1:00 pm - Breaking Down Barriers: Serving Individuals With a Mental Health Condition

2:30 pm - Immigration & Equity: Information & Best Practices for Serving Immigrant Community Members & Their Families

House of Praise

10:45 am - Why So Secretive? The Importance of Client Confidentiality

1:00 pm - Trauma-Informed Care: The Impact of Trauma and What We Can Do to Help

2:30 pm - Operating with Abundance: Elevating Clients' Needs & the Increase in USDA Food

Family Center

10:45 am - Healthy Eating at the Pantry: Meal Planning With a Food Box

1:00 pm - Exploring Universal Design: Strategies for Breaking Down Barriers and Increasing Access to Community Services

2:30 pm - Help Wanted: Keys to a Successful Volunteer Program

Worship Center

10:45 am - Danger & Opportunity: Client-Centered Crisis De-escalation

1:00 pm - Danger & Opportunity: Client-Centered Crisis De-escalation

KEYNOTE ADDRESS

"School Food, Food Assistance, and Social Justice"

DR. SARAH STAPLETON, UNIVERSITY OF OREGON

Sarah Stapleton is an Assistant Professor in Education Studies at the University of Oregon. She is also an affiliate faculty member with UO Food Studies and UO Environmental Studies. Sarah earned her Ph.D. in Curriculum, Instruction, and Teacher Education from Michigan State University. She also holds a master's degree from the Harvard Graduate School of Education. Sarah is a science and environmental education researcher who is particularly interested in food and agriculture as learning contexts. Her research & teaching have increasingly considered the multi-faceted role of food in schools. Sarah currently serves on the Board of Directors for FOOD for Lane County and for the School Garden Project.

SPECIAL THANKS TO

- Lisa Nice & the Eugene Faith Center
- Dr. Sarah Stapleton
- FFLC Programs & Services team
- Denise Wendt, FFLC Marketing Coordinator
- Dan Budd, FFLC Volunteer Coordinator
& the FFLC Development Team for catering today's lunch

FFLC PARTNER AGENCY CONFERENCE

SESSION I

10:45 AM - 12:00 PM

WHY SO SECRETIVE?

THE IMPORTANCE OF CLIENT CONFIDENTIALITY

House of Praise

Bianca Marino & Heidi Miranda | Sexual Assault Support Services (SASS)

What do I do when I see my client in line at a local coffee shop? How much is okay to tell my partner about my day? This workshop will explore the complex challenges of navigating client confidentiality in the small communities of Lane County. Through group discussion, presentation, scenarios, and personal anecdotes, this workshop will unpack a sometimes cloudy and confusing topic.

HEALTHY EATING AT THE PANTRY

MEAL PLANNING WITH A FOOD BOX

Family Center

Dana Baxter | FOOD for Lane County

Jillian Drewes | Oregon State University Extension Service

This class will review one of FFLC's most popular Nutrition Education Program classes, "Meal Planning with a Food Box". The class reviews tips on how to stretch limited food budgets and how to add some pizzazz to food items commonly found at your local pantry. Jillian Drewes from OSU Extension's Nutrition Education Program will introduce how the Food Hero website can provide pantry shoppers with numerous ideas on how to integrate these foods into multiple nutritious meals.

DANGER & OPPORTUNITY

CLIENT-CENTERED CRISIS DE-ESCALATION

Worship Center

Benjamin Brubaker & Kate Gillespie | White Bird Clinic

This workshop will cover the basics of de-escalation and communication from the perspective of a front-line behavioral health worker. Topics will include humanistic approach philosophy, scene safety, basic communication strategies, building rapport, and the role of self in any intervention.

IMMIGRATION AND EQUITY

INFORMATION AND BEST PRACTICES FOR SERVING IMMIGRANT COMMUNITY MEMBERS AND THEIR FAMILIES

4th & 5th Grade Room

Karla Schmidt Murillo & Trevor Whitbread | Centro Latino Americano

Immigrants come to the United States for a multitude of reasons, bringing their strengths and talents along with them. Families with international backgrounds have so much to offer, but also need specific supports and access to opportunity in order to thrive. This workshop will offer an overview of immigrants in Oregon, barriers to access, and the fundamentals of trauma-informed care.

TRAUMA-INFORMED CARE

1:00 PM – 2:15 PM

THE IMPACT OF TRAUMA AND WHAT WE CAN DO TO HELP

House of Praise

Rachel Kovensky | University of Oregon Counseling Psychology

Human service providers work with survivors of trauma on a daily basis, and it is common to feel at a loss for what you can do to help. This workshop will increase service providers' understanding of how trauma affects the brain and body, and the lens through which many survivors see and experience the world. Additionally, this workshop will teach you how to identify trauma-related symptoms, equip you with specific skills for how to provide trauma-informed care (from how we design spaces, to the words we use, to the actions we take), and provide you with strategies for how to care for yourself and protect against compassion fatigue.

EXPLORING UNIVERSAL DESIGN

STRATEGIES FOR BREAKING DOWN BARRIERS AND INCREASING ACCESS TO COMMUNITY SERVICES

Family Center

Darien Combs & Kelsey Kuperman | University of Oregon Accessible Education Center

The term "Universal Design" has gained attention in recent years, but what does this really mean? Universal Design is the concept of designing and creating environments, products, and services to be as understandable and usable as possible for all people (regardless of age, physical condition, cognitive level, disability status, or any other factor) without the need for additional, specialized accommodations. This calls for a fundamental shift in the way that we approach issues of access and inclusion. This informational and interactive workshop aims to help increase awareness of the barriers to access that still exist today, while also brainstorming initial steps that community agencies can take toward developing more inclusive and accessible spaces for everyone.

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BREAKING DOWN BARRIERS

SERVING INDIVIDUALS WITH A MENTAL HEALTH CONDITION

4th & 5th Grade Room

Sarah Merkle & Pedro Pacheco | National Alliance on Mental Illness (NAMI) Lane County

This workshop will help service providers learn how to better serve individuals living with a mental health condition. After the workshop, participants will be able to recognize at-risk populations, identify barriers that prevent individuals with a mental health condition access to services, know some of the best practices when assisting individuals with a mental health condition, and identify misconceptions and stereotypes about mental health.

SESSION III

2:30 PM - 3:45 PM

OPERATING WITH ABUNDANCE*

ELEVATING CLIENTS' NEEDS & THE INCREASE IN USDA FOOD

House of Praise

Emily Balius | Oregon Food Bank

Brad Bassi | FOOD for Lane County

This workshop will empower agencies to run their food distribution program from a mindset of abundance rather than scarcity. With an abundance mindset, you will learn how to center the needs of your clients, better manage the ebb and flow of food supply, and distribute more food. This workshop will also connect the abundance mindset to the open (i.e., no limit) food distribution model of the innovative Aumsville Food Pantry in Marion County. Finally, this workshop will examine the increase in USDA commodities and how your agency can benefit from USDA food.

--*All Emergency Food Pantries are asked to have a representative at this workshop.--

HELP WANTED

KEYS TO A SUCCESSFUL VOLUNTEER PROGRAM

Family Center

Susan Blachnik | Community Food for Creswell

Katy Colburn | Lane Bloodworks

Amy Hartsfield | Eugene Public Library

Laura Vinson | Lane County Government

Debra Weinman | United Way of Lane County

Carrie Copeland | FOOD for Lane County (moderator)

This engaging and informative moderated panel will examine the successes and challenges of effective volunteer programs at prominent community organizations. The panelists will provide an overview of how they utilize volunteers in their programs and engage the audience in discussions on volunteer recruitment, retention, and more. Participants will leave with new and innovative strategies and ideas to introduce into their agency's volunteer program.

IMMIGRATION AND EQUITY

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Presenter Biographies

WHY SO SECRETIVE?

Bianca Marino, Sexual Assault Support Services (SASS)

Bianca Marino is a sexual assault survivor advocate in Eugene. Her current role is the Engaging Allies Coordinator at SASS, providing community outreach and education, direct services to survivors of sexual violence, and facilitation of an LGBTQIA+ specific support group. She began her career in interpersonal violence response work as a volunteer for Womenspace in 2013, and her career has included legal advocacy, crisis support, and queer and trans youth advocacy. She has a B.A. in Psychology and Masters in Social Work.

Heidi Miranda, Sexual Assault Support Services (SASS)

Heidi is currently the Latinx Connection Coordinator at SASS. She provides community outreach and education, direct services to survivors of sexual violence, and co-facilitates a Latina women's support group. Heidi began her career in interpersonal violence response work in 2016 when she worked as an advocate at Womenspace answering crisis lines, co-facilitating groups, and providing in-person advocacy to survivors of intimate partner violence. Heidi hopes to continue changing societal conditions that allow oppression to exist.

HEALTHY EATING AT THE PANTRY

Dana Baxter, FOOD for Lane County

Dana is the Nutrition Education Program Coordinator at FFLC. She provides nutrition education programs, basic cooking skills, and tips on how to stretch limited food budgets to income-eligible audiences throughout Lane County. She supports FFLC Partner Agencies with product placement and other strategies to increase distribution of healthy food. Her classes include Cooking Matters, a cooking-based nutrition education program.

Jillian Drewes, Oregon State University Extension Service

Jillian is the Nutrition Education Program Coordinator for the OSU Extension Service in Lane County. OSU Extension Nutrition Education teaches adults and families hands-on cooking and nutrition classes, and works with schools to create healthy environments for students and staff through nutrition, cooking, and gardening programs. OSU Extension is home to the Pantry Project, which trains volunteers to help food pantry shoppers with limited resources make better use of available food.

DANGER & OPPORTUNITY

Benjamin Brubaker, White Bird Clinic

Benjamin has worked in the behavioral health field for over 15 years. He is currently a crisis worker on the CAHOOTS van in Lane County, and is the Administrative Coordinator of White Bird Clinic.

Kate Gillespie, White Bird Clinic

Kate is a Licensed Clinical Social Worker, and has worked for White Bird since 2010 as a crisis worker and clinical supervisor. She has worked in the mental health field for nearly two decades. Her background includes working in a state psychiatric hospital and non-traditional therapeutic environments like wilderness therapy.

FFLC PARTNER AGENCY CONFERENCE

IMMIGRATION & EQUITY

Karla Schmidt Murillo, Centro Latino Americano

Karla serves the community by offering immigration resource navigation support and education to community members at Centro Latino Americano. She holds an M.A. in International Studies and is working to get certified to offer legal advice as an Accredited Representative.

Trevor Whitbread, Centro Latino Americano

Trevor is the Assistant Director at Centro Latino Americano. He holds an M.A. in Spanish Literature from the University of Oregon and has been working in nonprofit administration for five years.

TRAUMA-INFORMED CARE

Rachel Kovensky, University of Oregon Counseling Psychology

Rachel is a fourth-year doctoral student in the Counseling Psychology program at the University of Oregon. Her research focuses on understanding the pathways to health-risking behaviors among adolescent girls with trauma histories. She has clinical and case management experience with at-risk children and families, individuals living with HIV, and college student populations. Currently, she provides therapy services at the Oregon State Hospital, works in sexual violence prevention at UO, and conducts assessments at UO's HEDCO clinic.

EXPLORING UNIVERSAL DESIGN

Kelsey Kuperman, University of Oregon Accessible Education Center

Kelsey is a fourth-year doctoral student in Counseling Psychology at the University of Oregon. She works at UO as an ongoing support counselor at the Accessible Education Center, where she provides academic and mental health support for students with disabilities. Her research and clinical work focus on understanding and increasing access to culturally-sensitive mental health services for Latinx families, immigrant communities, and individuals with disabilities.

Darien Combs, University of Oregon Accessible Education Center

Darien works as an academic support counselor for students with disabilities at the UO Accessible Education Center, and as a therapist at Centro Latino Americano. She holds an M.Ed. in Counseling Psychology and is currently a third-year doctoral student in the Counseling Psychology program at UO. Her research focuses on critical consciousness and post-secondary plans for Latinx youth, and indigenous women's access to justice in Guatemala and the U.S.

BREAKING DOWN BARRIERS

Pedro Pacheco, National Alliance on Mental Illness, Lane County (NAMI)

Pedro is the Multicultural Outreach Manager at NAMI Lane County. He has also worked with other non-profits, including FOOD for Lane County. He graduated from University of Oregon in the Family and Human Services Program in 2011 and currently is a graduate student at Oregon State University in the Clinical Mental Health Program.

Sarah Merkle, National Alliance on Mental Illness, Lane County (NAMI)

Sarah has been the Programs Manager at NAMI Lane County for more than two years. She has engaged in activism, advocacy, and education for women, the LGBTQIA+ community, and individuals living with mental health challenges for over a decade.

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OPERATING WITH ABUNDANCE

Emily Balius, Oregon Food Bank

Emily Balius is the Regional Network Developer in Clackamas County for the Oregon Food Bank. She is a specialist in conflict resolution and peace systems. For the past eight years, Emily has worked for a multitude of nonprofits, helping them to develop networks, expand capacities, direct volunteer corps, and drive community outreach. Emily is currently in the process of working to build a more equitable food system for the LGBTQ+ community, as well as implementing the Healthy Pantry Initiative.

Brad Bassi, FOOD for Lane County

Brad has worked at FOOD For Lane County for five years as the Food Resourcing Manager. Prior to his time at FFLC, Brad worked as a fundraiser and in education. He is dedicated to making the community a better place and is pleased to share his expertise on FFLC's food supply with Partner Agencies.

HELP WANTED

Susan Blachnik, Community Food for Creswell

Susan is the manager of Community Food for Creswell, an emergency food pantry serving southern Lane County. She is an RN with 28 years of experience in Labor & Delivery and Medical/Surgical, and recently transitioned to Home Hospice nursing. Susan has been the pantry manager since late 2011, and enjoys the partnerships that have developed over the years to help feed the hungry in her community.

Katy Colburn, Lane Bloodworks

Katy graduated from Washington State University with a B.A. in Social Sciences and has been working professionally with volunteers for nearly 10 years. Her experience includes Greenhill Humane Society, United Way of Lane County, and Lane Bloodworks. Katy currently serves on the Planning Committee of United Way of Lane County's Volunteer Coordinators Network, and has volunteered in a variety of roles since age 12.

Amy Hartsfield, Eugene Public Library

With over 275 active weekly volunteers, the Eugene Public Library is intentional in providing a volunteer experience that values the volunteer, sets up clear expectations, and meets the needs of the organization. Amy has been overseeing the Library's volunteer program for the past two years, and served on the United Way of Lane County's Volunteer Coordinators Network Steering Committee from 2017 -2018. With a heart for valuing individuals and a mind for efficient processes, Amy is excited to share her tools for a healthy volunteer program.

Laura Vinson, Lane County Government

Laura Vinson is the Recruitment & Selection Coordinator for Lane County Government. Laura has been active in social justice work throughout Lane County for the last 14 years, working with St. Vincent de Paul, American Youth Soccer Organization, Planned Parenthood, and the NAACP. In her current role, Laura is responsible for engaging community partners to ensure access to Lane County employment opportunities for all people, making the Lane County workforce more representative of the communities it operates in, and researching, establishing, and supporting equitable hiring practices.

Debra Weinman, United Way of Lane County

Debra is the Volunteer Engagement Manager at United Way of Lane County, and has education and work experience in geriatrics and early childhood education. Debra has supervised Adult and Children's Protective Services, information and referral services, family services, and case management. Her previous experience also includes work with the Alzheimer's Association, where she provided support, care consultation, early stage engagement, and education. Debra has an M.S. in Community Health.

NOTES

**"...OVERCOMING POVERTY IS NOT A GESTURE
OF CHARITY. IT IS AN ACT OF JUSTICE."**

-NELSON MANDELA