



# FOOD

For Lane County

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## **FOOD for Lane County Internship Position**

GrassRoots Garden Intern, 1 position available

Responsible to: Merry Bradley, GrassRoots Garden Coordinator

The FOOD for Lane County (FFLC) Gardens Program is an innovative program that addresses the root causes of hunger and malnutrition by promoting community and individual self-sufficiency. With dedicated volunteer and community support, GrassRoots Garden grows an average of 60,000 pounds of produce annually. Over 80% is distributed through FFLC to hunger relief agencies. In the garden, community members develop abilities and share resources, learning gardening as well as job and life skills. We connect to the land and each other, building a diverse and supportive community. In our outdoor kitchen, participants learn to turn garden harvest into healthy, delicious, full-spectrum vegan lunches, served each day GrassRoots is open.

Two-thirds of internship is in our outdoor kitchen, and 1/3 in the garden.

### **Intern Roles**

#### **In the Kitchen**

- Learn to prepare and serve full spectrum, nutritious, yummy vegan meals for garden participants daily.
- Learn and teach basic food handling, cooking skills and recipes.
- Learn and teach kitchen sanitation, proper opening routine, setup, and close down.
- Create and record recipes for our online cookbook and for future use.

#### **In the Garden**

- Learn organic gardening: bed preparation, soil amendments (fertilization), making potting soil, spading, composting, planting, weeding, irrigation, tending, and harvesting.
- Become a team leader and garden educator.
- Learn to develop and implement a broader coordinator's perspective.
- Help set a positive and productive tone with a broad and diverse community.

### **Desired Qualifications**

- Interest in cooking and preserving seasonal produce.
- Interest in organic gardening and outdoor work.
- Good social skills, interest in working with a broad and diverse community.
- Organized and reliable, patient and good-humored.

Duration of internship: Approx. 6 mos., 20 hrs./wk; 9-4 Kitchen days, 9-3 Garden day. Educational stipend: \$2,700. Starting ASAP.

Completion of internship not guarantee of future employment with FFLC.

To apply: Submit detailed cover letter & resume to Jen Anonia,  
[jen@foodforlanecounty.org](mailto:jen@foodforlanecounty.org)

Accepting applications until position filled.